

# Health Services Directory 2018

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# Health Services

## Aged Care Services

### CatholicCare Sydney - Home Care Packages

**Phone:** 13 18 19

Level 3, 203-209 Northumberland St, Liverpool NSW 2170

**Email:** [connect@catholiccare.org](mailto:connect@catholiccare.org)

**Web:** [www.catholiccare.org](http://www.catholiccare.org)

**Service Description:** Personalised, innovative and high quality care and services delivered on a Consumer directed care basis aims to support older people who want to stay living at home and maintain their independence. 65yrs and over.

**Hours:** Monday - Friday 9am - 5pm

**Fees:** As applicable

**Disability Access:** Yes

**Referral:** Self Referral or My Aged Care

**Languages spoken:** Cantonese, Mandarin, Croatian, Arabic, Assyrian, Korean, Polish, Italian, Hindi, Spanish, Vietnamese

**Area Served:** Sydney Metro

last updated 23Jun17.

### HACC Dementia Respite - CHSP

**Phone:** 1800 826 166 **Fax:** 02 9825 2856

Level 1, The Village Centre, Hammondville NSW 2170

**Mail to:** HammondAtHome, 11-23 Judd Ave, Hammondville NSW 2170

**Email:** [swsahcreception@hammond.com.au](mailto:swsahcreception@hammond.com.au)

**Web:** [www.hammond.com.au](http://www.hammond.com.au)

**Service Description:** In Home Respite, including accessing the community for people living with Dementia. The Care recipient must live within the Bankstown, Liverpool, Fairfield, Campbelltown, Camden or Wollondilly local government area. HammondCare provides a quality & flexible in-home respite service and aims to help ease the demands of the caring responsibilities.

**Hours:** Monday - Friday 6am - 6pm

**Fees:** As negotiated with the service Manager

**Transport:** Yes

**Disability Access:** Yes

**Referral:** Referral can be from the carer or an organisation. Aged Care Gateway

**Languages spoken:** Various

**Area Served:** Liverpool, Bankstown, Fairfield, Campbelltown, Camden; Wollondilly

**Parent Organisation:** HammondCare

last updated 26Oct15.

### Home Care Package Level 1, Level 2, Level 3 and Level 4

**Phone:** 1800 826 166 **Fax:** 02 9825 2856

Level 1, The Village Centre, Hammondville NSW 2170

**Mail to:** HammondAtHome, 11-23 Judd Ave, Hammondville NSW 2170

**Email:** [swsahcreception@hammond.com.au](mailto:swsahcreception@hammond.com.au)

**Web:** [www.hammond.com.au](http://www.hammond.com.au)

**Service Description:** Clients must reside in Liverpool, Bankstown, Fairfield, Campbelltown or Camden LGA's Home Care Packages provide assistance to aged people and people living with dementia at home. Assistance can include personal care, social support, transport, meals and prep and domestic assistance dependant on the persons needs.

**Hours:** Monday - Friday 7am - 9pm

**Fees:** As negotiated with the service Manager

**Transport:** Can be provided under package

**Disability Access:** Yes

**Referral:** Via Aged Care Assessment Team

**Languages spoken:** Various

**Area Served:** Liverpool, Bankstown, Fairfield, Campbelltown, Camden

**Parent Organisation:** HammondCare

last updated 26Oct15.

### Liverpool/ Fairfield Aged Care Assessment Team

**Phone:** 02 9828 4868 **Fax:** 02 9828 4818

Level 3, Health Services Building, Liverpool Hospital, Cnr Goulburn & Campbell St, Liverpool NSW 2170

**Mail to:** Locked Bag 7103, Liverpool NSW 1871

**Service Description:** Provides assessment for people having difficulties managing at home who require assistance to remain at home. Also provides assessment for those wishing to enter residential aged care either permanently or for respite. Will see non-indigenous people younger than 70 years or indigenous people younger than 50 years, in specific circumstances.

**Hours:** Mon - Fri, 8am-4.30pm

**Contact:** Rosemary Moubarak - Team Leader- 9828 4868; Debbie Atherton Service Manager 0457 522271

**Fees:** No

**Transport:** Not required as assessments conducted at home or in hospital

**Disability Access:** Yes (Access)

**Eligibility:** From 65 years.

**Referral:** Contact the tripple iii to make a referral or for information about community support services. Ph:

1800 455 511 Fax: 02 4621 8799 Email:

[tripleiii@sswahs.nsw.gov.au](mailto:tripleiii@sswahs.nsw.gov.au)

**Languages spoken:** Health Care Interpreter Service Available

**Area Served:** Liverpool, Fairfield

**Parent Organisation:** South West Sydney Local Health District

last updated 10Dec13.

## National Respite for Carers Program

**Phone:** 1800 826 166 **Fax:** 02 9825 2856  
HammondAtHome Level 1, 11-23 Judd Av, Hammondville  
NSW 2170

**Mail to:** HammondAtHome, 11-23 Judd Ave,  
Hammondville NSW 2170

**Email:** [swsahcreception@hammond.com.au](mailto:swsahcreception@hammond.com.au)

**Web:** [www.hammond.com.au](http://www.hammond.com.au)

**Service Description:** In Home Respite, including accessing the community for carers of people over 65 year, people living with Dementia and peoples who carers are employed or studying. The Care recipient must live within the Bankstown, Liverpool, Fairfield, Campbelltown local government area. HammondCare provides a quality & flexible in-home respite service and aims to help ease the demands of the caring responsibilities.

**Hours:** 7 days a week from 6am to 10pm

**Fees:** As negotiated with the service Manager

**Disability Access:** Yes

**Referral:** Referral can be from the carer or an organisation - Aged Care Gateway.

**Languages spoken:** Various

**Area Served:** Liverpool, Bankstown, Fairfield; Campbelltown

**Parent Organisation:** HammondCare  
last updated 26Oct15.

## Allied Health Services

### Adult and Children's Services - Community Counselling Team

**Phone:** 02 9828 4844 **Fax:** 02 9828 4800  
Health Services Building, Level 3, Cnr Campbell and  
Goulburn St, Liverpool NSW 2170

**Mail to:** PO Box 3084, Liverpool NSW 2170

**Service Description:** Provides counselling to adults and children, their families as well as some group programmes. Please contact intake officer for details.

**Hours:** Intake workers available Mon, Wed, Fri  
9am-12:45pm; Service Hours are 8:30am - 5pm Mon - Fri

**Contact:** Intake Worker available Mon, Wed & Fri,  
9am-12:45pm. Ph. 9828-4844

**Fees:** No

**Disability Access:** Yes

**Eligibility:** Children up to 12yrs old & adults 18yrs and over. Must live in Liverpool LGA. From 12 to 18 years.

**Area Served:** Liverpool

**Parent Organisation:** South West Sydney Area Health Service  
last updated 11Oct12.

### Advanced Personnel Management (APM) - Employment Services

**Phone:** 02 9602 3744 **Fax:** 02 9602 3788  
Suite 303, Lvl 3, 13-15 Moore St, Liverpool NSW 2170

**Email:** [liverpool.es@apm.net.au](mailto:liverpool.es@apm.net.au)

**Web:** [www.apm.net.au](http://www.apm.net.au)

**Service Description:** Disability Employment Services Provider assisting people with disability, injury or health condition gain employment. Can offer government subsidies to employers for recruiting APM clients.

**Hours:** Mon-Fri 8:30am-5pm

**Fees:** Nil for the job seeker or employer

**Eligibility:** From 16 to 65 years.

**Referral:** Centrelink

**Area Served:** Liverpool  
last updated 13Dec16.

### Anglicare Family Services

**Phone:** 02 8784 1300 **Fax:** 02 9608 1899

1 Spica St, Sadleir NSW 2168

**Mail to:** PO Box 3180, Liverpool NSW 2170

**Email:** [ggray@anglicare.org.au](mailto:ggray@anglicare.org.au)

**Web:** [www.anglicare.org.au](http://www.anglicare.org.au)

**Service Description:** We provide family support to families with children in the Liverpool LGA through visiting, emergency relief, referral, advocacy and group work. Our programs focus on early intervention/prevention and crisis intervention covering a range of multifaceted and complex issues such as: Isolation, parenting skills and behavioural management, emotional support, relationship issues, family violence, child abuse and neglect, financial difficulties, grief and loss, disabilities, alcohol and other drugs, housing, mental health, legal, self-esteem, stress, employment, home management. Group works e.g. Playskills, 123 magic, Triple P, Circle of security

**Hours:** M-F, 9am-5pm

**Contact:** Prue White & Toni Callaghan

**Fees:** no

**Transport:** Can be arranged for clients

**Disability Access:** Yes (Being Addressed)

**Eligibility:** Families with children living at home aged 0-17 years. Up to 13 years.

**Referral:** Contact intake on 02 8784 1300

**Languages spoken:** Serbian, Italian, Chinese (Mandarin)

**Area Served:** Liverpool

**Facilities:** No Meeting Room available for public use

**Volunteering:** Yes - Regular volunteer training offered

**Parent Organisation:** Sydney Home Mission Society  
T/As Anglicare

last updated 3Apr17.

### Anglicare South West Community Care Centre - Family Support Program

**Phone:** 02 8784 1300 **Fax:** 02 9600 7938

9 Northumberland St, Liverpool NSW 2170

**Mail to:** PO Box 3180, Liverpool NSW 2170

**Web:** [www.anglicare.org.au/](http://www.anglicare.org.au/)

**Service Description:** ANGLICARE South West Community Care Centre, Family Support Program offers support to vulnerable & disadvantaged families with children 0-12years, living in the Liverpool LGA through home visiting, referral, advocacy, emergency relief & group work. Our programs focus on early intervention/prevention & crisis intervention covering multifaceted & complex needs including family violence, alcohol & other drugs, child abuse or mental health. Issues such as isolation, parenting skills & behavioural

management, housing & relocation, financial difficulties, depression, relationship issues, grief & loss, legal matters, disabilities, emotional support, self-esteem issues, stress management, home management, employment & study are often seen in the work we do at ANGLICARE.

**Hours:** Mon - Fri, 9am - 5pm

**Contact:** Michael Mittwollen, Regional Manager 02 9821 1014

**Fees:** No

**Transport:** Transport can be arranged

**Disability Access:** Yes

**Eligibility:** Up to 12 years.

**Referral:** Gina 02 8784 1300

**Languages spoken:** Italian, Chinese (Cantonese)

**Area Served:** Liverpool

**Facilities:** Facilities are available for public by booking meeting room

**Volunteering:** Opportunity for volunteers in admin support, emergency relief, interviewing and family work.

**Parent Organisation:** Anglicare

last updated 13Jun17.

## Anglicare South West Community Care Centre - Family Support Program

**Phone:** 02 8784 1300 **Fax:** 02 9600 7938

1 Spica St, Sadleir NSW 2168

**Mail to:** PO Box 3180, Liverpool NSW 2170

**Web:** [www.anglicare.org.au/](http://www.anglicare.org.au/)

**Service Description:** ANGLICARE South West Community Care Centre, Family Support Program offers support to vulnerable & disadvantaged families with children 0-17years, living in the Liverpool LGA through home visiting, referral, advocacy, emergency relief & group work. Our programs focus on early intervention/prevention & crisis intervention covering multifaceted & complex needs including family violence, alcohol & other drugs, child abuse or mental health. Issues such as isolation, parenting skills & behavioural management, housing & relocation, financial difficulties, depression, relationship issues, grief & loss, legal matters, disabilities, emotional support, self-esteem issues, stress management, home management, employment & study are often seen in the work we do at ANGLICARE.

**Hours:** Mon - Fri, 9am - 5pm

**Contact:** Michael Mittwollen, Regional Manager 02 8784 1300

**Fees:** No

**Disability Access:** Yes

**Eligibility:** Up to 17 years.

**Referral:** Gina 02 8784 1300

**Languages spoken:** Italian, Chinese (Cantonese)

**Area Served:** Liverpool

**Volunteering:** Opportunity for volunteers in admin support, emergency relief, interviewing and family work.

**Parent Organisation:** Anglicare

last updated 22Oct15.

## Auslan Friendship Group

**Phone:** 02 9821 9450; 02 9821 9460 **Fax:** 02 9821 9456  
Liverpool City Library, 170 George St, Liverpool NSW 2170

**Email:** [ridgej2@liverpool.nsw.gov.au](mailto:ridgej2@liverpool.nsw.gov.au)

**Web:** [mylibrary.liverpool.nsw.gov.au](http://mylibrary.liverpool.nsw.gov.au)

**Service Description:** Provides an opportunity for AUSLAN practitioners to improve their signing skills. Booking is not required. Just turn up. Also provides FREE Internet lessons to Deaf seniors.

**Hours:** Fri 10:00am-12nn

**Contact:** Carmel Martin, Access Services Librarian 9821 9450

**Fees:** No

**Disability Access:** Yes (Access & Parking)

**Languages spoken:** AUSLAN

**Area Served:** Liverpool

**Parent Organisation:** Liverpool Library

last updated 10Jan17.

## Australian Hearing

**Phone:** 02 9612 3700 **Fax:** 02 9600 6782

Ground Floor, 13-15 Moore St, Liverpool NSW 2170

**Mail to:** PO Box 956, Liverpool BC NSW 1871

**Email:** [info@hearing.com.au](mailto:info@hearing.com.au)

**Web:** [www.hearing.com.au](http://www.hearing.com.au)

**Service Description:** Commonwealth funded organisation providing hearing assessment, hearing technology (includes digital hearing aids and other listening devices), hearing aid fitting and repair, sale of accessories and hearing rehabilitation and counselling.

**Hours:** Mon-Fri 8:30am-5pm

**Contact:** Other phone: 02 9600 6682 (TTY)

**Fees:** Contact for details

**Transport:** Close to trains (Liverpool station)

**Disability Access:** Yes (toilet)

**Eligibility:** Aged pensioners, veterans, war widows, children and young people under 21 years of age with permanent hearing loss

**Referral:** Contact for details

**Languages spoken:** Spanish, Cantonese, Mandarin and Turkish

**Area Served:** Liverpool LGA

**Parent Organisation:** Department of Health and Ageing

last updated 8Mar17.

## Brighter Futures

**Phone:** 02 8778 0600 **Fax:** 02 9734 6588

Level 1, 50 Macquarie St, Liverpool NSW 2170

**Mail to:** Locked Bag 7456, Liverpool NSW 1871

**Web:** [www.benevolent.org.au](http://www.benevolent.org.au)

**Service Description:** Brighter Futures is a voluntary, strengths based program that recognises the parents' motivation to change. Brighter Futures provides integrated service delivery for families with at least one child under 9 years old, or expecting a child. Our staff qualified and experienced social workers, psychologists, early childhood workers and/or occupational therapists. Service Description The Brighter Futures program provides services and targeted support for children aged under 9 years old and their families as they address challenges that might otherwise place the children or family at risk. The program also works with families where they are expecting a child. We aim to encourage children's healthy development and resilience, build strong relationships between children and their families, build parenting skills and increase children's safety to essentially keep them from entering the Statutory Child Protection System.

**Hours:** Mon-Fri 8.30am - 5pm

**Fees:** NIL

**Transport:** Public Transport close by

**Disability Access:** Yes (Ramps, Lift)

**Eligibility:** Live in Liverpool LGA, at least one child under 9 years (or expecting a child), requiring home visiting, parenting programs and case management. Up to 9 years.

**Referral:** Any community organisation or Facs. Self-referral also accepted. Brighter Futures is funded by Family and Community Services and all referrals are screened for eligibility through FaCS.

**Languages spoken:** Italian, Tamil, Arabic. Interpreters used where necessary

**Area Served:** Liverpool

**Facilities:** Nil

**Volunteering:** Yes (contact head office on 9339 8000)

**Parent Organisation:** The Benevolent Society  
last updated 11May15.

## CatholicCare Family Dispute Resolution

**Phone:** 02 8778 4222 **Fax:** 02 8778 4200

Level 2, 45 - 47 Scott St, Liverpool NSW 2170

**Web:** [www.catholiccare.org](http://www.catholiccare.org)

**Service Description:** Family Dispute Resolution (FDR), also known as mediation, assist separated couples by providing a forum to negotiate issues in dispute and to help them make their own decisions. Through this process arrangements may be reached concerning post-separation parenting arrangements, finances and property. Issues can be discussed are:- Communication- Care arrangements for children, including school holidays, special days (eg. birthdays)- Parental responsibility for matters such as children's health and education- Property and financial matters- Child support

**Hours:** Mon-Fri 9am-5pm

**Fees:** Assessment interviews are free of charge. Joint sessions for parenting matters may have a nominal fee based on income

**Transport:** Within walking distance from Liverpool station (3-5m)

**Disability Access:** Yes

**Referral:** Self Refer

**Languages spoken:** Vietnamese

**Area Served:** Liverpool; Fairfield

**Facilities:** Eligibility - To be discussed during assessment interview

**Parent Organisation:** CatholicCare  
last updated 10Jan17.

## Cerebral Palsy Alliance – Employment Solutions - Liverpool

**Phone:** 02 9635 7600 **Fax:** 02 9635 7800

Regus, 2nd Floor, 215-219 George St, Liverpool NSW 2170

**Mail to:** Suite 1, Level 1 Lachlan Tower, 17-21 Macquarie St, Parramatta NSW 2150

**Service Description:** Employment assistance through the Open Employment Program (OEP). The program provides comprehensive support to job seekers with

physical, intellectual and multiple disabilities, enabling them to find and maintain employment.

**Hours:** M-F 9am-5pm

**Contact:** Audrey Housbey - 02- 9635 7600

**Fees:** No

**Transport:** Walking distance to Liverpool bus & rail interchange

**Disability Access:** Yes (No Parking facilities)

**Eligibility:** From 15 years.

**Languages spoken:** Arabic; Phillo; UDRV

**Area Served:** Liverpool

**Volunteering:** Yes, we welcome volunteers

**Parent Organisation:** CEREBRAL PALSY ALLIANCE  
last updated 23Apr15.

## Child and Family Psychology Team - Liverpool Primary and Community Health

**Phone:** 02 8738 4844 **Fax:** 02 8738 4800

Health Services Building, Level 3, Cnr Campbell & Goulburn St, Liverpool NSW 2170

**Mail to:** PO Box 3084, Liverpool NSW 2170

**Web:** [www.sswahs.nsw.gov.au](http://www.sswahs.nsw.gov.au)

**Service Description:** Provides a counselling service to children and families on a broad range of issues. Children up to 12 years and their families. Children attending High School are not accepted

**Hours:** Mon - Fri, 8:30am - 5pm

**Contact:** Intake Officer 02 8788 4200

**Fees:** No

**Disability Access:** Yes (Yes)

**Eligibility:** From 12 years.

**Referral:** We DO NOT accept referrals for Autism spectrum disorder or moderate - profound developmental delay for treatment

**Languages spoken:** Nil - Interpreters can be accessed for NESB clients

**Area Served:** Liverpool  
last updated 13Jun17.

## Child and Family Psychology

**Phone:** 02 8788 4200 **Fax:** 02 9828 4800

Level 3, Health Services Building, Cnr Campbell and Goulburn St, Liverpool NSW 2170

**Mail to:** PO Box 3084, Liverpool NSW 2170

**Service Description:** : Counselling for children up to 12 years of age (end of primary school) for behavior problems, anxiety, depression and mood issues, trauma, attachment difficulties, social issues or bullying, sleep issues, mild developmental concerns. The service does not see children diagnosed with Autism Spectrum Disorder or severe intellectual disabilities, who are seen by specialist services.

**Hours:** Mon-Fri, 8:30am-5pm

**Contact:** Intake Counsellor

**Fees:** Nil

**Transport:** Short walk from Liverpool bus & railway station

**Disability Access:** Yes (Access and Parking)

**Referral:** Parent/carer or other service/agency/professional

**Languages spoken:** Nil - Interpreters can be accessed for Non English Speaking clients

**Area Served:** Liverpool

**Parent Organisation:** South West Sydney Local Area Health District  
last updated 23Oct17.

## Combative Fitness

**Phone:** 0414 617 382

Memorial Ave, Liverpool NSW 2170

**Email:** [nickligopantis@combativefitness.com.au](mailto:nickligopantis@combativefitness.com.au)

**Web:** [www.combativefitness.com.au](http://www.combativefitness.com.au)

**Service Description:** Combative Fitness offers, Boxercise, Kickboxing fitness, Group Fitness, Bootcamp and Private Lessons. This is the ultimate boxing workout. Expect to achieve extraordinary results: Weight Loss, Toning, Muscular Strength, Muscle Endurance, it also help reducing general health illnesses; (Obesity, Hypertension, Diabetes, Stress) Activities include: Walking, Jogging, Skipping, Plyometrics, Callisthenics, Boxercise, Kickboxing Circuit Training and Military Style Training. With a professional trainer to motivate you, and your commitment, I guarantee you all these results and much more. Don't waste time, phone now!!

**Hours:** Wed 7-8pm; Sat 10.30-11.30am

**Contact:** Nick Ligopantis

**Area Served:** Liverpool

last updated 7Jun17.

## Community Vegetarian Cooking and Health Program

**Phone:** 0413 041 476

5A Grassy Cl, Hinchinbrook NSW 2168

**Service Description:** Provides a range of health promotion programs including smoking cessation, vegetarian cooking classes, promotion of better nutrition, stress management, depression recovery seminars and heart health lifestyle programs.

**Hours:** Tuesday Evenings - 7:30pm - 9pm

**Contact:** Jim 0413 041 476

**Fees:** FREE

**Area Served:** Liverpool

last updated 9Jan18.

## Curves Jenny Craig, Fitness for Women-only and Weight Loss for Men & Women

**Phone:** 02 9602 4567

Unit 4, 605 Hume Hwy, Casula NSW 2170

**Mail to:** PO Box 81, Luddenham NSW 2745

**Email:** [info@curvesliverpool.com.au](mailto:info@curvesliverpool.com.au)

**Web:** [www.curvesliverpool.com.au](http://www.curvesliverpool.com.au)

**Service Description:** Curves is a fitness and weight loss centre specially designed for women featuring Curves Complete, the only program that includes exercise, meal plans and coaching – all in ONE place. Curves works because it provides you with a complete cardio and strength training workout in just 30 minutes... a workout that works for all fitness levels and ages, based on over \$9million of University sports lab research. With a system that can burn up to 500 calories and work every major muscle group, you get an efficient and effective workout every visit. It's no wonder over 4 million women have chosen Curves to meet their health goals. CurvesSmart, our unique technology gives second-by-second feedback based on your own

personal fitness level and range of motion together with reports after your workout that show muscles worked, calories burned and personal targets met. And with a Curves trainer to teach and motivate, you're sure to reach your fitness goals in no time. Whether you want to lose weight and centimetres, gain energy or tone up, the Curves circuit will work for you. Jenny Craig weight loss programs also available for men and women.

**Hours:** Monday – Thursday: 6:00am – 11:00am and 3:30pm – 8:00pm; Friday: 6:00am – 11:00am and 3:30pm – 7:00pm; Sat 7:30am – 11:00am

**Contact:** Narelle Kennedy, Owner/Franchisee

**Fees:** YES, membership includes all training – no more to pay; no lock-in contract.

**Transport:** parking on premises; bus stop at door; see [curvesliverpool.com.au](http://curvesliverpool.com.au)

**Referral:** Referral not required although common from doctors, physios and chiropractors. 13years old to seniors; fitness is female-only; weight loss for women & men. Health and fitness assessment on enrolment

**Area Served:** Liverpool

**Facilities:** Change rooms, toilets, air conditioned available to members and guests.

**Volunteering:** Approved work experience for students.

**Parent Organisation:** Curves for Women International (Franchisor); Kennedy Wellbeing Pty Ltd trading as Curves Casula/Liverpool

last updated 7Aug17.

## Deaf and Hearing Impaired Student Services - Miller College of TAFE

**Phone:** 02 9825 7290, 02 9825 7396(TTY) **Fax:** 02 9825 7290

Building MG15, Cnr Banks & Hoxton Park Rd, Miller NSW 2168

**Mail to:** Locked Bag 4, Miller NSW 2168

**Email:** [doug.bowers@tafensw.edu.au](mailto:doug.bowers@tafensw.edu.au)

**Web:** [www.swsi.tafensw.edu.au](http://www.swsi.tafensw.edu.au)

**Service Description:** Provides educational support services for students who wish to undertake pre-vocational and vocational training.

**Hours:** Mon - Fri, 8:30am - 4:30pm

**Contact:** Doug Bowers, Teacher/Consultant Deaf & Hearing Impaired Students

**Disability Access:** Yes (Access & Parking)

**Languages spoken:** Auslan

**Area Served:** Liverpool

last updated 1Jul14.

## Defence Community Organisation (DCO)

**Phone:** 02 8782 8526 **Fax:** 02 8782 4866

Liverpool Military Area, Moorebank Ave, Holsworthy NSW 2174

**Email:** [dco.liverpool@defence.gov.au](mailto:dco.liverpool@defence.gov.au)

**Web:** [www.defence.gov.au/dco](http://www.defence.gov.au/dco)

**Service Description:** Provides a broad range of services for the Australian Defence Force community and family members. The services and programs provided are by professional social workers, military support officers,

education officer. We also distribute a bi-monthly newsletter "DCO Liverpool Bulletin".

**Hours:** Mon - Fri, 8:30am - 5pm

**Fees:** No

**Transport:** Bus service from Liverpool or Holsworthy Station (private transport would be easier)

**Disability Access:** Yes (ramps)

**Eligibility:** Full-time Australian Defence Force members and their immediate families

**Area Served:** Liverpool LGA

**Facilities:** NO

**Volunteering:** YES

last updated 6Oct17.

## Diabetes Information

**Phone:** 02 9608 8920 **Fax:** 02 8783 0149

Miller Square, Woodward Cres, Miller NSW 2168

**Mail to:** PO Box 202, Miller NSW 2168

**Service Description:** Learn more about diabetes including cooking tips. Get along to FREE diabetes meetings every Thursday.

**Hours:** Thursdays 10am-12noon

**Contact:** Lynda Johnson

**Fees:** FREE

**Transport:** bus stop & taxi adjacent to centre

**Disability Access:** Yes (Ramp, toilet)

**Area Served:** Liverpool

**Volunteering:** We welcome volunteers

**Parent Organisation:** Liverpool Health Service - Community Health

last updated 2Dec14.

## Disability Services

**Phone:** 1800 236 762

Level 6, 203 Northumberland St, Liverpool NSW 2170

**Email:** [customercare@benevolent.org.au](mailto:customercare@benevolent.org.au)

**Web:** [www.benevolent.org.au](http://www.benevolent.org.au)

**Service Description:** Provide a range of support services to clients with an Intellectual Disability, their families and carers. Support services include both direct intervention and the planning and co-ordination of services.

Services include assessment, case management, speech therapy, occupational therapy, physiotherapy, behavioural support, early intervention and family support.

Registered provider under the NDIS.

**Hours:** Monday - Friday 9:00am-5:00pm

**Disability Access:** Yes

**Area Served:** NSW

**Volunteering:** No

**Parent Organisation:** The Benevolent Society

last updated 29Sep17.

## Drug and Alcohol Multicultural Education Centre (DAMEC)

**Phone:** 02 8706 0150 **Fax:** 02 8706 0154

Suite 15, Level 4, 13-15 More St, Liverpool NSW 2170

**Email:** [info@damec.org.au](mailto:info@damec.org.au)

**Web:** [www.damec.org.au](http://www.damec.org.au)

**Service Description:** Provides an outpatient drug and alcohol counselling service in Liverpool, also conducts research and health promotion. Also provides information and referral to appropriate services as well as bilingual counselling. Works with the drug and alcohol sector to

increase service capacity to clients from Culturally and Linguistically Diverse (CALD) backgrounds.

**Hours:** Mon-Fri 9am-5pm

**Transport:** Close to buses and trains (Liverpool station)

**Disability Access:** Yes (lift and parking)

**Eligibility:** CALD Background

**Languages spoken:** Vietnamese; Cantonese; Mandarin; Khmer; Arabic

**Area Served:** NSW

last updated 1Mar17.

## EMMAUS COUNSELLING

**Phone:** 0437 885 848

6A/1-3 Whyalla Pl, Prestons NSW 2170

**Email:** [emmaus.counselling5@gmail.com](mailto:emmaus.counselling5@gmail.com)

**Web:** [www.emmauscounselling.com.au](http://www.emmauscounselling.com.au)

**Service Description:** Relationship Counsellor. Work Cover Register. Providing professional and confidential Counselling services to couples, families and individuals.

**Hours:** By appointment

**Contact:** Wendy Estall

**Fees:** Yes

**Area Served:** Liverpool LGA

last updated 1Dec16.

## Fernwood Womens Health Club

**Phone:** 02 9602 1700 **Fax:** 02 9602 1711

3 Kelso Cres, Moorebank NSW 2170

**Email:** [liverpool@fernwoodfitness.com.au](mailto:liverpool@fernwoodfitness.com.au)

**Web:** [www.fernwoodfitness.com.au](http://www.fernwoodfitness.com.au)

**Service Description:** We aim to provide you with personalised programs, group fitness classes, weight management, personal training and childcare. Our caring and passionate staff are ready to assist and motivate you to achieve your health and fitness goals. Come in and see our friendly staff and make a start to the new you.

**Hours:** 6am-9pm Monday to Thursday, 6am-7pm Friday, 8am-1pm Saturday, 9am-12.00pm Sunday

**Contact:** Sylvia Balen - Club Manager

**Fees:** Yes

**Disability Access:** Yes (Access, toilet, shower)

**Eligibility:** From 16 years. Female Only.

**Languages spoken:** Arabic, Spanish

**Area Served:** Liverpool

last updated 12Aug14.

## Food and Fitness

**Phone:** 02 9608 4969 **Fax:** 02 9608 4934

Busby Primary School, Cnr South Liverpool & Busby Rds, Busby NSW 2168

**Email:** [busby-p.school@det.nsw.edu.au](mailto:busby-p.school@det.nsw.edu.au)

**Service Description:** Women nutrition and fitness class. K - 6 School

**Hours:** 9:30am

**Contact:** ADMIN

**Fees:** Nil; Fitness class \$5

**Area Served:** Liverpool

last updated 28Oct14.

## Gandangara Employment and Training Services Limited (GETS)

**Phone:** 02 9602 5280 **Fax:** 02 9602 2741

Level 1,, 103 Moore St, Liverpool NSW 2170

**Mail to:** PO Box 1038, Liverpool BC NSW 1871

**Email:** [admin@sasl.org.au](mailto:admin@sasl.org.au)

**Web:** [www.gandangara.org.au](http://www.gandangara.org.au)

**Service Description:** GETS provides Training and recruitment for employments, Cultural Respect Training for Employers and HR Teams, GETS "Burawa" Mentoring Program, Resume Writing, Vocational (work) Training, Job Ready Training and Various Workshops. GETS also runs Gandangara Supported Playgroups in various locations.

**Hours:** 9:00am – 5:00pm, Monday - Friday

**Area Served:** Liverpool

**Parent Organisation:** Gandangara Local Aboriginal Land Council, Gandangara Management Services Limited last updated 16Jun15.

## Green Valley Liverpool Domestic Violence Service

**Phone:** 1800 111 146 **Fax:** 02 9608 8017

**Service Description:** This is a service designed for women, children, young people and families who have or are experiencing domestic violence. Services include counselling, advocacy, support, referral to other services when needed and a variety of groups and activities.

**Hours:** 08:30 - 17:00

**Fees:** FREE

**Eligibility:** Service for residents living in the Liverpool LGA

**Referral:** Anyone can refer

**Languages spoken:** We use Health Services Interpreters

**Area Served:** Liverpool

**Parent Organisation:** Local Health District last updated 26Feb14.

## Headspace - Liverpool

**Phone:** 02 8785 3200; 1800 026 517 **Fax:** 02 8568 7932

Level 1, 50 Macquarie St, Liverpool NSW 2170

**Email:** [headspaceliverpool@benevolent.org.au](mailto:headspaceliverpool@benevolent.org.au)

**Web:** [www.headspace.org.au/search?q=liverpool](http://www.headspace.org.au/search?q=liverpool)

**Service Description:** Provides services to young people aged 12 to 25 including; mental health; alcohol and other drug services; physical health; education and employment services. Services are provided by a range of health professionals including Clinical Psychologists, Psychiatrists, Social Workers, Occupational Therapists, Nurses, GPs and educational specialists.

**Hours:** Monday-Friday 9:00am–5:00pm

**Fees:** Free or bulk billed with Medicare card

**Eligibility:** From 12 to 24 years.

**Area Served:** Liverpool

**Parent Organisation:** Headspace last updated 25Nov14.

## Healthy Easy Cooking

**Phone:** 02 8784 1310; 02 9732 6503

Anglicare, 1 Spica St, Sadleir NSW 2168

**Service Description:** Come and join our fun group and discover new recipes and tips on healthy cooking on a budget

**Hours:** 9:30am - 12pm

**Contact:** Gina - 02 8784 13100 or Leticia 02 9732 6503

**Fees:** FREE - Bookings Essential

**Area Served:** Liverpool

**Parent Organisation:** Anglicare; Mission Australia last updated 20May14.

## Hudson Barry Pilates Studio

**Phone:** 02 9600 6676 **Fax:** 02 9600 6976

4/43 Heathcote Rd, Moorebank NSW 2170

**Email:** [misspilates@me.com](mailto:misspilates@me.com)

**Web:** [www.hudsonbarry.com.au](http://www.hudsonbarry.com.au)

**Service Description:** Use Pilates to achieve a leaner, stronger & younger body. Classes for beginners to advanced levels using matwork, small apparatus & reformer. Work with the naturopath & learn strategies utilising food & supplements to improve energy, reduce fatigue, increase vitality and burn fat. Bookings are essential.

**Hours:** By appointment

**Contact:** Melissa Hudson Barry

**Area Served:** Liverpool

last updated 1Jul14.

## Inspire Church Limited

**Phone:** 02 9826 0300 **Fax:** 02 9826 0389

Cnr Hoxton Park Rd & Spire Ct, Hoxton Park NSW 2171

**Mail to:** PO Box 439, Hoxton Park NSW 2171

**Email:** [info@inspirechurch.com.au](mailto:info@inspirechurch.com.au)

**Web:** [www.inspirechurch.org](http://www.inspirechurch.org)

**Service Description:** Sunday Church Services: every Sunday 9am, 10.45am, 6pm. We also offer a Youth program Friday night (School years 6-8 at 6pm; and School Years 9-12 at 6.30pm). Young Adults (18-30years) Connect Groups run every Wednesday. Women's groups meet on Wednesdays at 10am. Playgroup meet every second Thursday 10am-12nn. Parenting courses; new mothers support group

**Hours:** Mon - Fri, 9am-5pm

**Contact:** Gabriella McCutcheon

**Fees:** No

**Transport:** We have a bus service for 10:45 service on Sundays; please contact church for more details.

**Disability Access:** Yes (Ramps, toilets)

**Languages spoken:** Spanish

**Area Served:** Liverpool

**Volunteering:** Yes - we welcome volunteers last updated 30Sep15.

## Inspire Community Services – Sadleir Family Resource Centre

**Phone:** 02 8783 5788 **Fax:** 02 8783 5799

52-54 Celebration Rd, Sadleir NSW 2168

**Mail to:** PO Box 55, Hoxton Park NSW 2171

**Email:** [info@inspirecommunity.org.au](mailto:info@inspirecommunity.org.au)

**Web:** [www.inspirecommunity.org.au](http://www.inspirecommunity.org.au)

**Service Description:** The centre offers Emergency Relief which provides food and clothing assistance, as well as vouchers for gas, water and energy bills. (Criteria



applies); Inspire Fashion sells a variety of pre owned clothing for low prices. Play groups are also available as families with children are our priority, and we provide educational programs to empower parents with a positive attitude, encouragement to put more focus on their families.

**Hours:** Mon 9am - 12pm; Tues -Fri, 9am-5pm

**Contact:** Mike Meyer - Director

**Transport:** Bus 842, 861, 852 from Liverpool Station

**Eligibility:** Receiving any benefits from Centre Link. Up to 99 years.

**Referral:** Other Community Organisations

**Languages spoken:** English

**Area Served:** Liverpool

**Facilities:** Computers with Internet Access

**Volunteering:** We welcome volunteers for admin, reception, shop assistance, employment skills

**Parent Organisation:** Inspire Church

last updated 18Aug14.

## Jade Wellness Centre

**Phone:** 0414 610 675 **Fax:** 02 9730 1446

Office at - Sloosh Kids Care, 62 Cabramatta Ave, Miller NSW 2168

**Email:** [jade\\_wellness@yahoo.com.au](mailto:jade_wellness@yahoo.com.au)

**Service Description:** NDIS approved. Counselling (for depression, anxiety, grief, anger management, etc). by Psychologists; Speech therapy by Speech Pathologists; OT services off site; Counselling and Speech therapy at NO COST to the clients with a Doctor's referral. All covered by MEDICARE as we charge no gap fee. Assessments for I.Q, learning difficulties, other disabilities, autism and mental health

**Hours:** 9 - 5 (Saturdays included )

**Disability Access:** Yes

**Referral:** Need Doctor's referral (or call us)

**Area Served:** Liverpool; Parramatta; Fairfield

**Volunteering:** Yes admin work. Yes working with children with disabilities - WWC check required

last updated 5Jun17.

## Joan Harrison Support Services for Women Inc

**Phone:** 1800 656 463 (24 Hour Domestic Violence Line)

**Fax:** 02 9602 9172

**Mail to:** PO Box 727, Liverpool BC NSW 1871

**Service Description:** Provides emergency accommodation for up to 3 months, counselling, referral, outreach and advocacy. The aim is to assist single women to return to the community. Transitional supported accommodation

**Hours:** Mon & Fri 8am-8pm. Tue, Wed & Thu 8-6pm  
Staff are on call after hours

**Contact:** This refuge has a silent phone number. Initial contact is via 24 Hour Domestic Violence Line - 1800 656 463; LINK 2 HOME - 1800 152 152

**Fees:** For rent 15% income if applicable

**Disability Access:** No

**Eligibility:** Women without dependent children in their care. From 18 years. Female Only.

**Referral:** Referral via Police or domestic violence agencies Line; Self referral or other Agencies; Link 2 Home, Hospital

**Languages spoken:** Turkish

**Area Served:** NSW

**Parent Organisation:** Department of Community Services (DoCS)

last updated 21Aug14.

## Karitane Liverpool Parenting Centre

**Phone:** 02 9821 4555 **Fax:** 02 9821 4559

10 Murphy St, Liverpool NSW 2170

**Mail to:** PO Box 241, Villawood NSW 2163

**Web:** [www.karitane.com.au](http://www.karitane.com.au)

**Service Description:** Day service which provides support and education for families with children aged from 0-5. Caters for families with special needs. Varied programs including: counselling for post natal depression and anxiety, sleep and settling education, emotional and psychological difficulties, toddler and sibling management, lactation, women's groups for first time mothers, Triple P groups. Registered nurses specialising in child and family health. Home visits are provided and offer of Circle of Security groups.

**Hours:** Mon-Fri, 8:30am-5pm

**Fees:** Groups Only

**Transport:** 15 minutes walk from Liverpool Bus & Train Station

**Disability Access:** Yes (& parking available)

**Eligibility:** Up to 5 years.

**Referral:** A health professional need to refer or an NGO

**Area Served:** Liverpool

**Facilities:** Meeting/Group Room (Fee applies)

**Volunteering:** Yes, Volunteers sought. Training provided

**Parent Organisation:** KARITANE

last updated 25Aug16.

## Learning Links

**Phone:** 02 8525 8280

Shop 1, 100 Terminus St, Liverpool NSW 2170

**Email:** [liverpool@learninglinks.org.au](mailto:liverpool@learninglinks.org.au)

**Web:** [www.learninglinks.org.au](http://www.learninglinks.org.au)

**Service Description:** Learning Links is a charitable, not-for-profit organisation that offers information, support and specialist services for children who have difficulty learning and their families. Services include comprehensive assessments; early childhood intervention; an inclusive preschool; playgroups; specialist literacy and numeracy classes for school age children; therapy (occupational and speech); family counselling and support as well as professional development and learning.

**Hours:** Mon-Fri 9am-5pm (office), some services on Sat and out of hours.

**Fees:** Varies according to service. Some services are fully funded, financial assistance may be available for others.

**Languages spoken:** Please contact office

**Area Served:** South Western Sydney LHD

**Volunteering:** This service welcomes the assistance of volunteers, please contact for details.

last updated 21Sep16.

## Life coaching and Herbal Medicine

**Phone:** 0414 946 741

**Service Description:** Personal and motivational training and support for clients wishing to change or improve any

aspect of their life including health, career, relationships and finances.

**Hours:** Mon- Fri 1pm- 7pm.

**Contact:** Evie Maiolo 0414 946 741

**Fees:** Yes

**Area Served:** Liverpool

last updated 2Jul14.

## Liverpool Child and Family Nursing Service

**Phone:** 02 9827 2222

Benevolent Society Building; Level 1, 50 Macquarie St, Liverpool NSW 2170

**Mail to:** PO Box 54, Hoxton Park NSW 2171

**Service Description:** Provides advisory service for parents and carers, education on health, growth and development, nutrition, management of children 0-5 years.

**Hours:** Tuesday, Wednesday & Thursday by appointment

**Contact:** Enquiries 9827 2222 For Appointments Phone 1800 455 511

**Fees:** NA

**Disability Access:** Yes (Access)

**Languages spoken:** Interpreter service available. Prior arrangement needed

**Area Served:** Liverpool

last updated 2Mar17.

## Liverpool Domestic Violence Liaison Committee

**Phone:** 02 9602 7795 **Fax:** 02 9600 6244

**Mail to:** LDVLC, PO Box 1042, Liverpool Bc NSW 1871

**Email:** [liverpoldvlc@gmail.com](mailto:liverpoldvlc@gmail.com)

**Web:** [www.swslc.org.au](http://www.swslc.org.au)

**Service Description:** Develop effective liaison between groups or individuals involved in domestic violence work. Promote cooperation between police, government and non government organisations. To assist and enable workers to support each other in their work. Raise community awareness about domestic violence. Lobby/advocate for services. To monitor at a local level enforcement, effectiveness of domestic violence legislation and associated policies.

**Hours:** Monthly meeting

**Contact:** Joyce Asencio

**Disability Access:** Yes

**Area Served:** Liverpool

last updated 25Jun14.

## Liverpool Hospital

**Phone:** 02 8738 3000 **Fax:** 02 8738 6318

Cnr Elizabeth & Goulburn St, Liverpool NSW 2170

**Mail to:** Liverpool Hospital, Locked Bag 7103, Liverpool BC NSW 1871

**Email:** [LiverpoolGMU@sswahs.nsw.gov.au](mailto:LiverpoolGMU@sswahs.nsw.gov.au)

**Web:** [www.swslhd.nsw.gov.au/liverpool/](http://www.swslhd.nsw.gov.au/liverpool/)

**Service Description:** The Hospital is the major health service for south-western Sydney, providing services to the local government area of Liverpool City Council as well as district services to residents and visitors in the area. It also provides a range of state-wide services in areas such as critical care and trauma, neonatal intensive care and brain injury rehabilitation. Liverpool City and south-western

Sydney is home to people from diverse cultures, religious and languages, making our community vibrant and exciting. We are situated in one of the fastest-growing regions in Australia and sit within an education and health precinct which includes the Ingham Institute of Applied Medical Research, a Clinical Skills and Simulation Centre, the Clinical Schools of the University of NSW and University of Western Sydney, South West Private Hospital and South Western Sydney TAFE.

**Hours:** The Hospital operates 24 hours a day.

**Fees:** For more information on Liverpool Hospital fees and charges, please contact our Admissions and Pre-admissions Department

**Transport:** : Liverpool Hospital is a five to 10 minute walk from Liverpool train station or bus interchange and a 15 to 20 minute walk from Warwick Farm train station.

**Disability Access:** Yes (Accessible toilets for people with disabilities are available on all floors of the Hospital)

**Languages spoken:** If you do not speak English well, we can arrange an interpreter for you through the Health Language Service. Auslan (sign interpreters) are also available on request for people with a hearing impairment

**Area Served:** Liverpool

**Facilities:** The Hospital has universal signage wherever it is applicable. All other signage is to the Australian Standards requirements.

**Volunteering:** If you would like to support Liverpool Hospital as a volunteer, please contact the Volunteer Coordinator on 02 8738 7644

**Parent Organisation:** South Western Sydney Local Health District.

last updated 24Oct17.

## Liverpool Neighbourhood Connections (LNC)

**Phone:** 02 9600 0600 **Fax:** 02 9602 2514

11 Gallop St, Warwick Farm NSW 2170

**Email:** [info@lnc.org.au](mailto:info@lnc.org.au)

**Web:** [www.lnc.org.au/](http://www.lnc.org.au/)

**Service Description:** Active over 50's groups; Art & Craft, Gentle exercise; Chiropractic Care; Clinic; Coffee Shop; Computer Cafe; Counselling; Disability Support Groups; Discussion Groups; First Aid Courses; Homework Help; Living Skills; Meditation; Mobile Child Care; Nutrition; Playgroups; Seniors Groups; TAFE Outreach Courses; Tai Chi; Tax Help; Men's Groups; Tutoring; Vacation Care Activities; Yoga; Youth Groups

**Hours:** 9am - 4pm

**Contact:** Patricia Hall - Manager

**Fees:** Some small fees apply

**Disability Access:** Yes

**Languages spoken:** Hindi, Serbian, Croatian and Bosnian

**Area Served:** Liverpool

**Facilities:** Yes

**Volunteering:** Yes

**Parent Organisation:** LNC (Liverpool Neighbourhood Connections)

last updated 17Feb17.

## Liverpool Opioid Treatment Program

**Phone:** 02 8738 4635 **Fax:** 02 9828 4518

Liverpool Hospital, Health Services Building, Cnr Goulburn & Campbell St, Liverpool NSW 2170  
**Mail to:** Locked Bag 7103, Liverpool NSW 1871  
**Web:** [www.health.nsw.gov.au](http://www.health.nsw.gov.au)  
**Service Description:** Public Pharmacotherapy Services7 Days For Dosing 8am - 11:00hrs and 8am - 12noon  
**Hours:** Office Hours - 8.30am-5pm  
**Contact:** (patients enter via Goulburn St entrance)  
**Fees:** Nil  
**Transport:** Train or Bus  
**Disability Access:** Yes (ramps)  
**Eligibility:** Opioid dependent  
**Languages spoken:** By full time professional staff  
**Area Served:** Liverpool, Fairfield  
**Volunteering:** No  
last updated 13Dec16.

## Liverpool Sexual Health Service

**Phone:** 02 9827 8022 **Fax:** 02 9602 4352  
13 Elizabeth St, Liverpool NSW 2170  
**Mail to:** Locked Bag 7103, Liverpool Bc NSW 1871  
**Service Description:** Provides testing for sexually transmitted disease and H.I.V. Also provides community education and counselling.  
**Hours:** Monday – Wednesday 8.30am – 5.00pm. Thursday : 11am -7.30pm. Friday : 8.00am -4.30pm  
**Contact:** Director - Dr. Christopher Carmody.  
**Fees:** No Charge; No Medicare. Appointment necessary  
**Transport:** Near Liverpool Train Station and Bus Stop  
**Disability Access:** Yes (Access & Parking)  
**Referral:** No referral necessary  
**Languages spoken:** Interpreter Service  
**Area Served:** Liverpool  
**Facilities:** Needle exchange program. Free Condoms and vaccination  
**Parent Organisation:** Community Health South Western Sydney Local Health District  
last updated 7Nov14.

## Liverpool Women's Health Centre (LWHC)

**Phone:** 02 9601 3555 **Fax:** 02 9824 0448  
26 Bathurst St (Crn Campbell St), Liverpool NSW 2170  
**Mail to:** PO Box 65, Liverpool Bc NSW 1871  
**Email:** [lwhc@sswahs.nsw.gov.au](mailto:lwhc@sswahs.nsw.gov.au)  
**Web:** [www.liverpoolwomenshealth.org.au](http://www.liverpoolwomenshealth.org.au)  
**Service Description:** Liverpool Women's Health Centre is a community service operated by women, for women. We offer a women-only safer space for women of all ages, cultures, ethnicities, abilities and sexual identities. We believe that women are entitled to the resources they need to make informed, autonomous decisions about their own health and lives. All of our services are free or low-cost, and no-one will be turned away for lack of funds. The Centre is wheelchair accessible, and interpreters for most languages are available by arrangement.  
**Hours:** Mon - Fri, 9am - 5pm (closed 1-2pm for lunch)  
**Fees:** Medical services bulk billed  
**Transport:** Bus, Train, Taxi or Car  
**Disability Access:** Yes (Yes, through access ramps, elevators and electric examination tables)  
**Eligibility:** Female Only.

**Referral:** Self Referral: Medical, Counselling, Naturopathy and Accupuncture. Internal Referral only: massage therapy  
**Languages spoken:** Arabic, Khmer, Lao and Thai with telephone and in-person interpreter services available on requests for all languages  
**Area Served:** South Western Sydney LHD  
**Facilities:** We have rooms available on request for women's groups or services.  
**Volunteering:** We do not have capacity to take on volunteers at this time.  
last updated 13Oct17.

## Liverpool/Fairfield/Bankstown Sexual Assault Service

**Phone:** 02 8738 4844, 02 9828 4804 (TTY), **Fax:** 02 8738 4800  
Liverpool Community Health Centre, Level 3, Cnr Campbell & Goulburn St, Liverpool NSW 2170  
**Mail to:** PO Box 3084, Liverpool NSW 2170  
**Service Description:** The Liverpool/Fairfield Sexual Assault Service is a Community Health based team providing services to children, young people and adults who have been sexually assaulted. The team is staffed by Counsellors (Social Workers, Psychologists and related disciplines) and Medical Officers. The services provided are for a wide range of emotional, psychological, behavioural, medical and legal aspects following sexual assault. The team is responsible for the provision of the After Hours Crisis Service to children and adults who have been recently sexually assaulted. Interpreters are available on request.  
**Hours:** 8:30am-5pm for counselling. 24 hour crisis and medical service.  
**Contact:** Service Manager, 02 8738 4844; 02 8738 4804, 02 8738 3000 (After Hours)  
**Fees:** No  
**Transport:** Train Station is 15minutes walk (Liverpool)  
**Disability Access:** Yes (Access, parking & TTY)  
**Referral:** Do not see offenders; Self or any Agency.  
**Languages spoken:** Khmer, Russian and Spanish, Interpreter service also available.  
**Area Served:** Liverpool, Fairfield; Bankstown  
**Facilities:** Paid parking at Liverpool Hospital; 3hr FREE parking at Westfield Liverpool - 10minutes walk.  
last updated 2Sep15.

## Miller Community Health Centre

**Phone:** 02 9608 8920 **Fax:** 02 8783 0149  
Miller Square, Woodward Cres, Miller NSW 2168  
**Mail to:** PO Box 202, Miller NSW 2168  
**Service Description:** We offer a range of services throughout the week eg. Aboriginal child & family clinic, diabetes clinic, aboriginal vascular health clinic, information/referral, early childhood home visiting program.  
**Hours:** Mon-Fri 9am-4pm  
**Contact:** Lynda Johnston  
**Fees:** nil  
**Transport:** bus stop & taxi adjacent to centre  
**Disability Access:** Yes (Ramp, toilet)  
**Area Served:** Liverpool

**Volunteering:** We welcome volunteers  
**Parent Organisation:** Liverpool Health Service -  
Community Health  
last updated 1Jul14.

## Mission Australia - Men's Crisis Accommodation

**Phone:** 02 9822 4903 **Fax:** 02 9822 5029  
55 Lachlan St, Liverpool NSW 2170  
**Web:** [www.missionaustralia.com.au](http://www.missionaustralia.com.au)  
**Service Description:** Provides short term crisis  
accommodation for adult males, help or referrals with  
immediate homelessness issues and assistance toward  
independent housing through a case management model.  
**Hours:** 24 Hours  
**Transport:** NO  
**Disability Access:** Yes (Access)  
**Eligibility:** Homeless. From 18 years. Male Only.  
**Referral:** Assessment  
**Languages spoken:** English, interpreter services  
available where required  
**Area Served:** Liverpool  
**Facilities:** No  
**Volunteering:** Yes  
**Parent Organisation:** Mission Australia  
last updated 4Nov15.

## Mission Providence - Miller

**Phone:** 02 9732 6400 **Fax:** 02 9607 2252  
66 Shropshire St, Miller NSW 2168  
**Mail to:** PO Box 273, Miller NSW 2168  
**Email:** [miller@missionprovidence.com.au](mailto:miller@missionprovidence.com.au)  
**Web:** [www.missionprovidence.com.au](http://www.missionprovidence.com.au)  
**Service Description:** Job placement centre for  
unemployed people. Services are free and participants  
must be registered with the Centerlink. Must be 16yrs+  
**Hours:** Mon - Fri, 9am - 5pm  
**Contact:** Amanda Lee - Client Support Coordinator  
**Fees:** No  
**Transport:** Public transport available  
**Disability Access:** Yes (Access)  
**Referral:** Referral from CENTRELINK  
**Languages spoken:** Vietnamese  
**Area Served:** Liverpool  
**Facilities:** Only for Job Seekers with JSID (Jobseek ID)  
**Volunteering:** No  
last updated 6Oct15.

## Moorebank Early Childhood Health Centres

**Phone:** 02 9601 3257  
109 Nuwarra Rd, Cnr Maddecks & Lucas Av, Moorebank  
NSW 2170  
**Service Description:** Provides a range of services to  
assist with the growth and development of children aged  
0-5 by providing advice and referring to appropriate  
services. Immunisation clinic 4th Tuesday of the month  
10am-12nn.  
**Hours:** Thursday 9.30am-12noon  
**Area Served:** Liverpool  
last updated 17Aug15.

## Motivate You Disability Fitness Services

**Phone:** 02 8001 6506  
**Meets at:** 8 Woodside Ave, West Hoxton NSW 2171  
**Email:** [info@motivateyou.com.au](mailto:info@motivateyou.com.au)  
**Web:** [www.motivateyoudisabilityfitness.com.au](http://www.motivateyoudisabilityfitness.com.au)  
**Service Description:** Qualified personal training  
company which runs programs tailored for individuals or  
groups (8-12 people) in accommodation or day programs  
for people with disabilities: physical (like cerebral palsy,  
acquired brain injury, quadriplegia, paraplegia), Down's  
Syndrome, Autism, mental illness. Programs include:  
Fun-Fit, individual fitness for those with significant health  
support needs, activity and nutrition seminars and  
workshops, healthy lifestyles (meal planning, reading  
shopping labels, food preparation, exercise). Also training  
programs for agency staff, and consultancy services for  
management. All available at your premises. Australian  
Fitness Accreditation Council accreditation, Exercise  
Physiology accreditation. BA (Psychology). Member of  
National Disability Services. Accredited After-Schools  
Care Provider.  
**Hours:** Mon-Sat 9am-5pm  
**Contact:** 0419 403 915 (Ariel - Director)  
**Fees:** Contact for details  
**Referral:** Via referral form that we provide  
**Area Served:** Sydney Metro; Central Coast; Wollongong  
**Volunteering:** Unable to accept volunteers  
**Parent Organisation:** Motivate You Disability and  
Community Group Pty Ltd and Motivate You Fitness and  
Personal Training  
last updated 20Nov17.

## Neonatal Intensive Care Unit

**Phone:** 02 8738 5602 **Fax:** 02 8738 5582  
Cnr Elizabeth & Goulburn St, Liverpool NSW 2170  
**Mail to:** Liverpool Hospital, Locked Bag 7103, Liverpool  
BC NSW 1871  
**Web:** [www.swslhd.nsw.gov.au/liverpool/newborn](http://www.swslhd.nsw.gov.au/liverpool/newborn)  
**Service Description:** The Neonatal Intensive Care Unit  
at Liverpool Hospital opened in 1994. Currently we are  
funded for 12 Intensive Care Beds and 19 Special Care  
Beds and are part of the Statewide Network that provides  
advanced care for sick newborns. Although we aim to  
predominantly look after the babies from our region in  
Southwest Sydney we frequently have babies transported  
from other areas including regional NSW.  
**Hours:** The Hospital operates 24 hours a day. However  
general visiting hours are: Morning visiting hours: 10.00am  
- 1.00pm Rest period (no visitors allowed)  
**Fees:** For more information on Liverpool Hospital fees  
and charges, please contact our Admissions and  
Pre-admissions Department  
**Transport:** Liverpool Hospital is a five to 10 minute walk  
from Liverpool train station or bus interchange and a 15 to  
20 minute walk from Warwick Farm train station.  
**Disability Access:** Yes (Accessible toilets for people  
with disabilities are available on all floors of the Hospital)  
**Languages spoken:** If you do not speak English well,  
we can arrange an interpreter for you through the Health  
Language Service. Auslan (sign interpreters) are also  
available on request for people with a hearing impairment  
**Area Served:** Liverpool

**Facilities:** The Hospital has universal signage wherever it is applicable. All other signage is to the Australian Standards requirements.

**Volunteering:** If you would like to support Liverpool Hospital as a volunteer, please contact the Volunteer Coordinator on 02 8738 7644

**Parent Organisation:** South Western Sydney Local Health District.  
last updated 11Aug17.

## Neuro-Audiology Clinic - Liverpool Hospital

**Phone:** 02 8738 3646 **Fax:** 02 8738 3648  
Liverpool Hospital, Clinical Building, Neurophysiology  
Dept. 8 Goulburn St, Liverpool NSW 2170

**Mail to:** Liverpool Hospital, Neurophysiology Dept, 8  
Goulburn St, Liverpool NSW 2170

**Service Description:** Provides balance assessment for  
adults, hearing assessments for adults and children (3.5  
years and above).

**Hours:** Mon - Fri, 8.30am - 4pm

**Contact:** 02 8738 3646

**Fees:** Medicare fund with referral

**Disability Access:** Yes (Parking & Access)

**Referral:** Required for G.P or Specialist

**Languages spoken:** Interpreter service available. - Must  
be requested at the time of booking appointment.

**Area Served:** Liverpool

last updated 14Jun16.

## Occupational Therapy - Liverpool Hospital

**Phone:** 02 9828 4703 **Fax:** 02 9828 4744  
Liverpool Hospital, Cnr Elizabeth St & Goulburn St,  
Liverpool NSW 2170

**Mail to:** Locked Bag 7103, Liverpool BC NSW 1871

**Service Description:** An Occupational Therapist that  
specialises in helping an individual person who has an  
injury, illness or a disability which affects their ability to  
undertake tasks of everyday life such as eating, showering,  
shopping, going to work etc.

**Hours:** 8am-4.30pm

**Disability Access:** Yes (Ramp, toilet)

**Area Served:** Liverpool

last updated 8Aug14.

## Ostara Australian

**Phone:** 02 9393 9360, 1300 334 497, 02 9612 9000,  
**Fax:** 02 9602 9727

Lvl 2 Suite 5, 224 George St, Liverpool NSW 2170

**Email:** [liverpoldes@pra.org.au](mailto:liverpoldes@pra.org.au)

**Web:** [www.pra.org.au](http://www.pra.org.au)

**Service Description:** Provides training, support and  
individual assistance for people with mental health issues or  
who are recovering from mental illness, to find and  
maintain open employment (award-wage).

**Hours:** Mon-Fri 9am-5pm

**Transport:** Close to trains and buses

**Disability Access:** Yes (lift and toilet)

**Eligibility:** From 15 to 65 years.

**Referral:** Referral required for some services, contact for  
further details

**Area Served:** Western Sydney LHD

**Parent Organisation:** Psychiatric Rehabilitation  
Australia (PRA)

last updated 21Jul17.

## Pregnancy Help Sydney Inc

**Phone:** 1300 792 798 (QLD, NSW, VIC and ACT  
callers), 02 9602 6543 (Sydney Callers)

**Mail to:** PO Box 366, Liverpool NSW 1871

**Email:** [pregnancyhelp@optusnet.com.au](mailto:pregnancyhelp@optusnet.com.au)

**Web:** [www.pregnancyhelpsydney.com](http://www.pregnancyhelpsydney.com)

**Service Description:** Provides telephone counselling for  
anyone involved in an unplanned pregnancy. Also provides  
post abortion counselling. Face to face counselling by  
appointment. Material assistance e.g. help with nursery  
equipment and/or baby clothes.

**Hours:** 24 hours 7 days

**Contact:** 1300 655 156 (SA, TAS, WA and NT callers)

**Fees:** None

**Area Served:** NSW

last updated 30Oct17.

## Pregnancy Help Sydney Inc.

**Phone:** 1300 792 798

**Mail to:** PO Box 366, Liverpool BC NSW 1871

**Email:** [pregnancyhelp@optusnet.com.au](mailto:pregnancyhelp@optusnet.com.au)

**Web:** [www.pregnancyhelpsydney.com](http://www.pregnancyhelpsydney.com)

**Service Description:** Counselling information on  
decisions concerning pregnancy, post abortion counselling.  
Help with baby clothes and equipment. Information on  
fertility awareness.

**Hours:** 24/7 telephone counselling. Face to face by  
appointment

**Fees:** no

**Disability Access:** Yes

**Area Served:** Macarthur; Liverpool LGA

last updated 8Jun17.

## PsychCentral Psychological and Counselling Services

**Phone:** 1300 856 779 **Fax:** 02 9793 7925

2/279 Macquarie St, Liverpool NSW 2170

**Email:** [info@psychcentral.com.au](mailto:info@psychcentral.com.au)

**Web:** [www.psychcentral.com.au](http://www.psychcentral.com.au)

**Service Description:** PsychCentral provides a  
professional psychological and consulting service in the  
areas of Clinical, Forensic, Educational and Developmental  
areas of expertise. We specialise in delivering high quality  
psychological and counselling services to Culturally and  
Linguistically Diverse (CALD) individuals, couples, and  
families. PsychCentral also consults for organisations and  
runs organisational training programs from a positive  
psychology framework.

**Hours:** Monday - Saturday 9am-5pm

**Contact:** [info@psychcentral.com.au](mailto:info@psychcentral.com.au)

**Fees:** Bulk-Billing available with a GP Mental Health  
Treatment Plan MBS Item 2710

**Referral:** GP Referral, Private Health Fund, Compensation  
and Legal referrals, Victims Services

**Languages spoken:** Arabic, Assyrian, Hindi, Urdu,  
Mandarin, Cantonese

**Area Served:** Liverpool

last updated 31Mar16.

## Rainbow Cottage

### Physiotherapy

**Phone:** 02 9616 4405 (Intake) **Fax:** 02 9601 1021

20-22 Bigge St, Liverpool NSW 2170

**Mail to:** Liverpool Hospital, Locked Bag 7103, Liverpool BC NSW 1871

**Service Description:** Paediatric outpatient physiotherapy, occupational therapy and speech pathology. Physiotherapy services for 0-4 year olds living in the local Liverpool and Fairfield area.

**Hours:** Mon-Fri 8am-4:30pm

**Contact:** Physiotherapist

**Transport:** Bus, train

**Disability Access:** Yes (wheelchair accessible)

**Eligibility:** Primarily residents of Liverpool local government area; mild-moderate developmental delay. Up to 14 years.

**Referral:** Will accept referral from any source with parent permission. Physio 0-14 years. OT accepts referrals to year 3. Speech accepts referrals to Kindergarten.

**Languages spoken:** Interpreters available if required

**Area Served:** Sydney South West AHS

**Facilities:** Disability access, disability toilet, change table, therapy space (indoor only).

**Parent Organisation:** Liverpool Health Service  
last updated 7Dec17.

## Rosebank Child Sexual Abuse Service Inc.

**Phone:** 02 9601 3790 **Fax:** 02 9601 3676

**Mail to:** PO Box 869, Liverpool BC NSW 1871

**Email:** [info@rosebankcsa.org.au](mailto:info@rosebankcsa.org.au)

**Web:** [www.rosebank.org.au](http://www.rosebank.org.au)

**Service Description:** Rosebank assists children, young people and their families to overcome the effects of sexual abuse. We do this by providing specialist trauma informed counseling to children, carers, youth and families who have been referred for counseling as a result of physical and sexual abuse. Our services are free and confidential.

**Hours:** Mon - Thurs, 9am - 5pm

**Contact:** Helen Spark, Service Coordinator 9601 3790

**Fees:** No

**Disability Access:** No (ramp for wheelchair users)

**Referral:** Call for more information. Self referral welcome.

**Area Served:** Liverpool, Campbelltown, Fairfield  
last updated 17Feb17.

## Roses (Reducing Overweight Safely Ensures Slimness) - Lurnea Neighbourhood Centre

**Phone:** 02 9600 0600 **Fax:** 02 9602 2514

Cnr Hill & Wonga Rd, Lurnea NSW 2170

**Mail to:** 11 Gallop St, Warwick Farm NSW 2170

**Email:** [info@lnc.org.au](mailto:info@lnc.org.au)

**Web:** [www.lnc.org.au](http://www.lnc.org.au)

**Service Description:** ROSES stands for Reducing Overweight Safely Ensures Slimness. A support group where meetings, activities & guest speakers take place.

**Hours:** Mon, 4.30- 6.30pm

**Contact:** Tori - 02 9600 0600

**Fees:** \$4 per week.

**Disability Access:** Yes (Access & Parking)

**Area Served:** Liverpool

**Parent Organisation:** Liverpool Neighbourhood Connection

last updated 3May17.

## Salvation Army Community Services - Doorways Centre

**Phone:** 02 9601 2813 **Fax:** 02 9824 1788

51-55 Memorial Ave, Liverpool NSW 2170

**Email:** [greaterliverpool@ae.salvationarmy.org](mailto:greaterliverpool@ae.salvationarmy.org)

**Web:** [salvationarmy.org](http://salvationarmy.org)

**Service Description:** Financial Counselling; Clinical Counselling; Advocacy; Case Management. Cafe; Breakfast; lunch on Mon, Wed & Fri. Emergency Relief Centre by Government 1300 371 288

**Hours:** 10am-2pm - Mon-Wed-Fri. & Sun - 10am Church Service;+ Kids Church

**Contact:** Major Balindo Spicer; Mrs Dee Kelleher; Ms Tiba Ruda

**Transport:** Sunday Church Transport 0419 293 938

**Disability Access:** No

**Referral:** Phone for appointment - 9601 2813

**Languages spoken:** English, Arabic

**Area Served:** Liverpool

**Facilities:** Happy Hour: Fri - 11am - 12noon. Free Cappuccinos

**Volunteering:** Help needed for community aid and living skills. Cafe volunteers

**Parent Organisation:** Salvation Army

last updated 20Jul16.

## Security & First Aid Training

**Phone:** 0412 409 596 **Fax:** 02 9229 4165

2/61 Scott St, Liverpool NSW 2170

**Email:** [ehabw@optusnet.com.au](mailto:ehabw@optusnet.com.au)

**Service Description:** We offer high quality First Aid Training that is nationally recognised & accredited. Security Training; RSA; RCG and White Card.

**Hours:** Mon-Fri 8am-10pm

**Fees:** Yes

**Transport:** Short walk from Liverpool bus & rail interchange

**Disability Access:** Yes

**Eligibility:** From 18 years.

**Languages spoken:** Arabic and English

**Area Served:** Liverpool

last updated 25Sep17.

## Service for the Treatment and Rehabilitation of Torture and Trauma Survivors

**Phone:** 02 8778 2000 **Fax:** 02 8778 2020

3rd Floor, 157-161 George St, Liverpool NSW 2170

**Mail to:** PO BOX 203, Fairfield NSW 2165

**Email:** [startts@sswahs.nsw.gov.au](mailto:startts@sswahs.nsw.gov.au)

**Web:** [www.startts.org](http://www.startts.org)

**Service Description:** Provides a range of support services for individuals or families who have been exposed to torture or refugee related traumas.

**Hours:** Mon - Fri:- 8:30am - 5pm

**Referral:** for referral details - Call the Carramar office on 9794 1900.

**Languages spoken:** Arabic, Bosnian, Croatian, Dari, Farsi, French, Khmer, Kihunde, Kindande, Kurdish, Lingala, Murkish, Persian, Portuguese, Serbian, Spanish, Swahili, Vietnamese

**Area Served:** Liverpool

**Parent Organisation:** Sydney South West Area Health Service (SSWAHS)

last updated 13Aug14.

## **Slim and Trim - Warwick Farm Neighbourhood Centre**

**Phone:** 02 9600 0600 **Fax:** 02 9602 0600

11 Gallop St, Warwick Farm NSW 2170

**Email:** [info@lnc.org.au](mailto:info@lnc.org.au)

**Web:** [www.lnc.org.au/](http://www.lnc.org.au/)

**Service Description:** Dietary support group and social morning for local residents. Learn how to lose weight in a healthy manner.

**Hours:** Wed, 9am-10.30am

**Contact:** Pat Cunningham; Co-ordinator 9602 0298;

[info@lnc.org.au](mailto:info@lnc.org.au)

**Fees:** Yes, \$5 to join; \$2 per week

**Disability Access:** Yes (Access & Parking)

**Area Served:** Liverpool

**Parent Organisation:** Liverpool Neighbourhood Connections

last updated 24Jan17.

## **South West Child Adolescent and Family Services (CAFS)**

**Phone:** 02 9607 5649; 02 9608 1337; 02 9826 8077

**Fax:** 02 9607 9172

Green Valley District Centre, 179-183 Wilson Rd, Green Valley NSW 2168

**Mail to:** PO Box 1066, Green Valley NSW 2168

**Email:** [cafs@cafs.com.au](mailto:cafs@cafs.com.au)

**Web:** [www.cafs.com.au](http://www.cafs.com.au)

**Service Description:** The Counsellor program offers support and confidential counselling to families with children and young people under 18 years of age. CAFS also offers: Aboriginal and Arabic family support; generalist family support; adolescent and family counselling. Any gender children or young people under 18 years. Any gender parents/carers all ages

**Hours:** Mon - Fri, 10am - 6pm (appointments necessary) hours flexible

**Contact:** Counselling & Case work - Families

**Fees:** CAFS services are free of charge.

**Transport:** Bus from Liverpool station

**Disability Access:** Yes (Access & Parking)

**Eligibility:** Families with children and young person's up to 18 years old. Family Support Counselling Services. Up to 18 years.

**Referral:** Self referral; government departments/agencies or non-government agencies referrals are accepted where families have given consent to be referred to CAFS.

**Languages spoken:** Spanish

**Area Served:** Liverpool; Fairfield; Bankstown

**Parent Organisation:** South West Child Adolescent and Family Services (CAFS)

last updated 7Jun17.

## **South Western Sydney Mental Health - Gambling Help Service**

**Phone:** 02 9616 4060 (Intake) **Fax:** 02 9602 9240

Mental Health Building, Liverpool Hospital, Elizabeth St, Liverpool NSW 2170

**Mail to:** South Western Sydney Mental Health - Gambling Help Service, Locked Bag 7103, Liverpool BC NSW 1871

**Service Description:** Outpatient gambling treatment service that provides psychological assessment, individual programs based on principles of Cognitive Behavioural Therapy. Aims to assist clients to identify specific difficulties associated with gambling, understand how problem gambling develops, learn coping skills and strategies and where necessary, provide referral to financial counsellors to assist with serious financial problems. Counselling for family members or partners affected by a person with a gambling problem is also available. Please leave message on voicemail system if staff are unable to answer the phone.

**Hours:** Mon-Fri 8.30am-5.00pm (appointments from 7:30am by request)

**Contact:** Kylie Stewart, Service Manager

**Transport:** The service is a short walk from Liverpool Station. Buses available to the hospital

**Disability Access:** Yes (ramps, lifts and toilets)

**Eligibility:** Anyone with a gambling problem or who is affected by the gambling of others

**Referral:** Anyone can refer, however the client must be informed about the referral on 02 9616 4060

**Languages spoken:** Interpreter services can be arranged

**Area Served:** South Western Sydney LHD

**Parent Organisation:** South Western Sydney Local Health District (SWSLDH)

last updated 26Sep16.

## **Sports Focus Podiatry**

**Phone:** 02 9601 7411 , 02 9734 6930 **Fax:** 02 9601 7422

23 Stockton Ave, Moorebank NSW 2170

**Email:** [sportsfocuspodiatry@bigpond.com](mailto:sportsfocuspodiatry@bigpond.com)

**Web:** [sportsfocuspodiatry.com.au/](http://sportsfocuspodiatry.com.au/)

**Service Description:** Podiatry practice whose service provides diagnoses, treatment, prevention of foot and lower limb issues. Specialising in Biomechanics, Prescription Orthotics, Nail surgery, Children's foot and leg problems and footwear prescription.

**Hours:** Mon, Wed 9am-7pm

**Fees:** Fees apply, EPC Medicare available, EFPOS, Hicaps

**Area Served:** South West Sydney

last updated 3Jan18.

## **St Marks Anglican Church - Sadleir**

**Phone:** 02 9607 7547

1 Spica St, Sadleir NSW 2168

**Mail to:** PO Box 1047, Green Valley NSW 2168

**Web:** [www.sadleiranglican.org.au](http://www.sadleiranglican.org.au)

**Service Description:** Provides church services, women's, men's and youth and children's ministries, also healing ministries. E.S.L. English as a second language, Playgroup, craft group. Free community BBQ 2nd Tuesday

of the month 3:00pm- Traditional service- 8am. 10am - Family Service. Informal family service 4:30pm, Evening Service 6:30pm. Youth group - Friday night 6.00pm. School Hall.

**Contact:** The Rector

**Disability Access:** Yes (Access & Parking)

**Area Served:** Liverpool

**Volunteering:** Liverpool Day Centre  
last updated 3Jul17.

## Sydney Southwest Clinic

**Phone:** 02 9600 4000 **Fax:** 02 9600 4100

40 Bigge St, Liverpool NSW 2170

**Web:** [www.healthscope.com.au](http://www.healthscope.com.au)

**Service Description:** Provides day, evening and weekend programs for people wanting assistance with drug and alcohol abuse. The program is designed to provide our clients with skills to prevent relapse and beat their addiction.

**Fees:** Yes

**Disability Access:** Yes (Access & Parking)

**Languages spoken:** Interpreter service available

**Area Served:** Liverpool

**Volunteering:** N/A

**Parent Organisation:** Healthscope Limited  
last updated 12Sep17.

## TAFE International Education Centre

**Phone:** 02 9827 8457

Liverpool TAFE Campus, 140 Bigge St, Liverpool NSW 2170

**Mail to:** PO Box 319, Liverpool BC NSW 1871

**Email:** [swsi.international@tafensw.edu.au](mailto:swsi.international@tafensw.edu.au)

**Web:** [studyintafe.edu.au](http://studyintafe.edu.au)

**Service Description:** Provides a variety of intensive English programs for international students. Students who successfully complete their English course can then enrol into TAFE NSW vocational courses approved for international students.

**Hours:** 9.00am-4:30pm

**Contact:** Michal Walzak - Manager

**Fees:** Yes

**Transport:** Next to Liverpool bus and train station

**Disability Access:** Yes (Access & Parking)

**Eligibility:** From 15 to 100 years.

**Area Served:** Liverpool

**Parent Organisation:** TAFE NSW  
last updated 9Oct17.

## TAFE NSW, Counselling Unit

**Phone:** 02 9825 7453 **Fax:** 02 9825 7304

Cnr Banks & Hoxton Park Rd, Miller NSW 2168

**Mail to:** Locked Bag 4, Miller NSW 2168

**Web:** [www.tafensw.edu.au](http://www.tafensw.edu.au)

**Service Description:** Provides career & personal counselling for TAFE students & prospective students

**Hours:** Mon-Fri, 9am-5pm

**Contact:** Thelma Hutchins

**Fees:** Nil

**Transport:** Local T Way service outside college

**Eligibility:** Prospective TAFE student or currently enrolled

**Languages spoken:** Hindi (Mon & Wed)

**Area Served:** Liverpool

**Parent Organisation:** TAFE NSW

last updated 2Jul14.

## The Annette Shepherd Centre

**Phone:** 02 9370 4400 **Fax:** 02 9822 2288

43 Graham Av, Casula NSW 2170

**Email:** [enquiries@shepherdcentre.org.au](mailto:enquiries@shepherdcentre.org.au)

**Web:** [www.shepherdcentre.org.au](http://www.shepherdcentre.org.au)

**Service Description:** Offers auditory/verbal early intervention and pre-school programs for hearing-impaired children and their parents that focus on developing their listening and spoken skills.

**Hours:** Mon-Fri 8:00am-5:00pm (Office) Mon- Tue -Thurs -Fri 9am-3pm (Preschool)

**Contact:** Centre Manager

**Fees:** Contact for details

**Transport:** Close to buses (route 867)

**Disability Access:** Yes (ground floor entry and toilets)

**Eligibility:** Auditory-Verbal Therapy - must wear hearing device or be currently monitored by Australian Hearing. Up to 6 years.

**Area Served:** Western Sydney

**Volunteering:** This organisation welcomes volunteers to assist with playgroup and child minding, contact for further details

last updated 9Jan18.

## Vietnamese Drug and Alcohol Professionals Inc. (VDAP)

**Web:** [www.vdap.org.au](http://www.vdap.org.au)

**Service Description:** Provide Vietnamese youth and families access to help for Drug, Alcohol and Gambling Abuse. Advise and promote Alcohol and Drug issues and concerns related to the Vietnamese community.

**Area Served:** Sydney Metro; Sydney South West AHS  
last updated 8Nov17.

## Alternative Therapies

### Arts on Prescription: Free classes in all areas of Arts

**Phone:** 02 8788 3900 **Fax:** 02 9731 1235

4 Spicer Ave, Hammondville NSW 2170

**Email:** [aop@hammond.com.au](mailto:aop@hammond.com.au)

**Web:** [www.hammond.com.au](http://www.hammond.com.au)

**Service Description:** 2hr classes a week ( for 10 weeks). Max 6 participants. Professional Artists run class in area of choice. Classes in music, singing, Drama, Photography, Movement, Art (various)

**Hours:** Dependant on class - 2hrs weekly for 10 weeks

**Fees:** FREE

**Transport:** Can be discussed

**Disability Access:** Yes (Lift; Toilets; drive to the front door.)

**Area Served:** Liverpool; Bankstown

**Facilities:** Toilets and Refreshments

**Volunteering:** Yes

**Parent Organisation:** HammondCare: An independent Christian Charity  
last updated 12Jul16.



## Australseedlings Organic Vegetable and Herb Seedlings

**Phone:** 02 9606 8410; 0407 942 358; 0407 942 252

220 Eighth Ave, Austral NSW 2179

**Email:** [sales@australseedlings.com.au](mailto:sales@australseedlings.com.au)

**Web:** [www.australseedlings.com.au](http://www.australseedlings.com.au)

**Service Description:** Get your Spring Seedlings direct to you. (Public, Farmers, Schools and Community Gardens).

Broccoli, Herbs, Lettuce, Onions, Fennel, Parsley, Beetroots, Cauliflower, Bok Choy, Artichokes, Cabbages, Shallots, Plus Many More Seedlings.....

**Hours:** Monday to Friday 8am -12pm and reopen 2pm -5:30pm; Sat 8am - 11:30am. Sunday Closed

**Disability Access:** Yes

**Languages spoken:** English, Maltese

**Area Served:** Liverpool

last updated 5Sep17.

## Gym and Fitness - LCC Sports Complex

**Phone:** 02 8784 4800 **Fax:** 02 8784 4806

Cnr Hoxton Park & Joadja Rd, Hoxton Park NSW 2171

**Mail to:** PO Box 305, Liverpool BC NSW 1871

**Email:** [sports@liverpoolcatholic.com.au](mailto:sports@liverpoolcatholic.com.au)

**Web:** [www.liverpoolcatholic.com.au](http://www.liverpoolcatholic.com.au)

**Service Description:** State-of-the-art gym & fitness centre comprising resistance equipment, free & pin loaded weights & cardio theatre. Group Fitness Classes. Plus Spin, Boxercise, Yoga, Outdoor Fitness Club and Circuit. For more info please call us on 02 8784 4800 or visit our website.

**Hours:** Mon-Thur 5.30am-10pm; Fri 5.30am-9pm; Sat & Sun 7am-8pm

**Contact:** [StephenA@liverpoolcatholic.com.au](mailto:StephenA@liverpoolcatholic.com.au)

**Fees:** Variety of memberships ranging from \$80-\$660

**Eligibility:** Parents required if under 18yrs. Must be financial member of LCC to hold membership (\$7 per year). From 15 years.

**Area Served:** Liverpool

**Facilities:** Yes

**Parent Organisation:** Liverpool Catholic Club

last updated 23Oct17.

## GymbaRoo - Sydney West

**Phone:** 0425 378 252

Seton Recreational Hall, Swain St, Moorebank NSW 2170

**Mail to:** PO Box 627, Springwood NSW 2777

**Email:** [info@gymbaroosydneywest.com](mailto:info@gymbaroosydneywest.com)

**Web:** [www.gymbaroosydneywest.com](http://www.gymbaroosydneywest.com)

**Service Description:** At GymbaRoo, parents are shown how to involve their babies and children in activities that will provide them with a solid foundation in development and learning. Age appropriate lessons offering a wide range of fun sensory stimulation and motor opportunity activities. Activities include:- music, dance, exercise and word visualisation

**Hours:** ring or check website

**Eligibility:** Up to 5 years.

**Area Served:** Liverpool

last updated 14Mar17.

## Liverpool Neighbourhood Connections (LNC)

See Page 10

## Liverpool Women's Health Centre (LWHC)

See Page 11

## Michael Wenden Aquatic and Recreation Centre - Rooms for Hire

**Phone:** 02 9607 6598 **Fax:** 02 9826 7038

62 Cabramatta Ave, Miller NSW 2168

**Email:** [wenden@belgravialeisure.com.au](mailto:wenden@belgravialeisure.com.au)

**Web:** [www.wendenpool.com.au](http://www.wendenpool.com.au)

**Service Description:** One meeting room for hire, two full size basketball court and stadium for hire, one aerobic/programs room for hire. Facilities Available for Public Use: Fitness Club, heated 50 metre outdoor pool, heated 12 meter indoor pool (Learn to Swim and Hydrotherapy, fitness classes, aqua classes and sports hall.

**Contact:** Centre Manager 9607 6598

**Fees:** Yes

**Disability Access:** Yes (Access & Parking)

**Area Served:** Liverpool

last updated 9Dec15.

## Motivate You Disability Fitness Services

See Page 12

## Yoga, Meditation, Yoga Therapy Workshops

**Phone:** 0414 970 979; 02 9606 9688

Unit 12B, 633-639 Hume Hwy, Casula NSW 2170

**Email:** [darshna@darshnasiva.com](mailto:darshna@darshnasiva.com)

**Web:** [www.darshnasiva.com](http://www.darshnasiva.com)

**Service Description:** Yoga classes for all levels with meditation and breathing. Monthly workshops on various topics

**Hours:** Tues & Thurs- 12:45 - 6:30pm

**Contact:** Darshna Siva

**Fees:** Class Passes + Private

**Area Served:** Liverpool

last updated 2Mar16.

## Child Health Services

## Moorebank Early Childhood Health Centres

See Page 12

## Community Health Services

## Aboriginal Health Unit

**Phone:** 02 8738 6993 **Fax:** 02 8738 6884

Liverpool Hospital Eastern Campus,, Scrivener St,  
Liverpool NSW 2170

**Mail to:** Locked Bag 7279, Liverpool NSW 1871

**Email:** [Allanah.Walker@sswahs.nsw.gov.au](mailto:Allanah.Walker@sswahs.nsw.gov.au)

**Web:** [www.swslhd.health.nsw.gov.au](http://www.swslhd.health.nsw.gov.au)

**Service Description:** The Aboriginal Health Unit provides strategic leadership advice and guidance for Aboriginal Health across the district. The Aboriginal Liaison Officer (ALO) located within Liverpool Hospital supports Aboriginal peoples stay in hospital by way of facilitating and accessing services, aboriginal programs provide outreach services, home visiting, advocacy and health promotion. A key strategy of Aboriginal Health is working in partnerships with Government and Non-Government Departments to ensure the needs of the aboriginal communities are being met.

**Hours:** 8.30am-5pm

**Contact:** Nathan Jones

**Fees:** Nil

**Disability Access:** Yes (Ramps, toilets)

**Area Served:** Liverpool; Fairfield; Bankstown; Campbelltown; Camden

**Parent Organisation:** South Western Sydney Local Health District

last updated 23Aug17.

## Child and Family Psychology Team - Liverpool Primary and Community Health

See Page 5

## Community Market Stalls

**Phone:** 02 9608 8920 **Fax:** 02 8783 0149

Miller Square, 16 Woodward Cres, Miller NSW 2168

**Mail to:** PO Box 202, Miller NSW 2168

**Email:** [evan.giannakis@sswahs.nsw.gov.au](mailto:evan.giannakis@sswahs.nsw.gov.au)

**Web:** [www.sswahs.nsw.gov.au](http://www.sswahs.nsw.gov.au)

**Service Description:** Have you got things you need to sell, bring it down to sell for extra cash? Tables and chairs are available at the HUB for a coin donation. All welcome.

**Hours:** Thursdays 9am-3:30pm

**Contact:** Evan Giannakis

**Fees:** Nil

**Transport:** Bus stop & taxi rank nearby

**Disability Access:** Yes (Toilets, ramps)

**Referral:** By Appointment

**Languages spoken:** Interpreter service available by appointments

**Area Served:** Liverpool

**Facilities:** Meeting rooms for community groups free of charge, Free use of phone, fax, photocopier, internet for people looking for work

**Volunteering:** Opportunities available

**Parent Organisation:** South West Local Health District  
last updated 24Aug15.

## Diabetes Information

See Page 7

## Health Fitness and Spirituality

**Phone:** 0425 363 267 **Fax:** 02 9607 5403

Prestons Christian Centre Hall, 85 -95 Kookaburra Rd,  
Prestons NSW 2170

**Email:** [jnrisko@bigpond.com](mailto:jnrisko@bigpond.com)

**Service Description:** Join us for a FREE Community Event. Speaker - Dr. Vidya S. Athota. Dr V. S. Athota teaches Business Psychology and Human Resource Development in the School of Business at the University Of Notre Dame, Sydney. Also, holds a PhD from NSW Uni. Has studied theology at Morling College, Australia And Talbot School of Theology,

USAENQUIRIES: Nadia 0425363267

**Hours:** Fortnightly on Mondays at 10:00am

**Contact:** Nadia 0425 363 267

**Fees:** No fee as mothers bring morning tea for their own children/child

**Transport:** Buses do come into Prestons

**Disability Access:** Yes (Access available for wheelchairs)

**Area Served:** Liverpool

last updated 10Feb17.

## Hoxton Park Community Health Centre

**Phone:** 02 9827 2222 **Fax:** 02 9827 2200

596 Hoxton Park Rd, Hoxton Park NSW 2171

**Mail to:** PO Box 54, Hoxton Park NSW 2171

**Service Description:** Offers a variety of services including. Community Health Palliative Care Nursing. C+ FH Nursing; CH Nursing. All referrals and bookings for Nursing Teams - ring 1800 455 511 (Aged Care; Day Care); Counselling; Hearing Clinic; Antenatal Clinic -Booked via Liverpool Hospital - Tues & Thurs. Procedure and wound Clinic - Mon to Fri. 02 8738 3000.

**Hours:** Mon - Fri, 8:30am - 5pm

**Contact:** For Dental Health Intake - 1300 559 393 - No Dental at this Centre RG

**Fees:** No

**Disability Access:** Yes (Access & Parking)

**Referral:** Ring Tripple 1; 1800 455 511.

**Languages spoken:** Interpreters must be booked before appointment date. No Interpreter on site.

**Area Served:** Liverpool

**Facilities:** n/a

**Parent Organisation:** Primary & Community Health  
last updated 25Nov16.

## Macarthur Respite Services - Flexible Respite Program, In Home & Centre Based

**Phone:** 02 9827 2233 **Fax:** 02 9827 2200

Hoxton Park Community Health Centre, 596 Hoxton Park Rd, Hoxton Park NSW 2171

**Email:** [micheline.anderson@sswahs.nsw.gov.au](mailto:micheline.anderson@sswahs.nsw.gov.au)

**Service Description:** Allows for the placement of bi lingual workers in day centres to assist with the language and cultural needs of group members.

**Hours:** Thursdays and Fridays 9:30am-2:30pm

**Contact:** Leanne Jervies

**Fees:** Yes

**Disability Access:** Yes

**Eligibility:** For carers of people with dementia and challenging behaviour.

**Referral:** Phone: 1800 200422

**Languages spoken:** Spanish, Italian, Macedonian, Polish, Croatian, Serbian, Greek  
**Area Served:** Macarthur; Liverpool LGA; Wingecarribee LGA; Fairfield; Bankstown  
**Volunteering:** South West Sydney Volunteer Training Program for all volunteers wishing to work in aged care or dementia care services.  
**Parent Organisation:** Sydney South West Local Health District  
last updated 18Sep17.

## Miller Community Health Centre

See Page 11

## Miracle Babies Foundation

**Phone:** 02 9724 8999 **Fax:** 02 9724 8900  
6/21 Governor Macquarie Dr, Chipping Norton NSW 2170  
**Mail to:** PO Box 95, Moorebank NSW 1875  
**Email:** [info@miraclebabies.org.au](mailto:info@miraclebabies.org.au)  
**Web:** [www.miraclebabies.org.au](http://www.miraclebabies.org.au)  
**Service Description:** Miracle Babies Foundation support premature and sick newborns, their families and the hospitals that care for them. Facebook - <http://www.facebook.com/group.php?gid=36308561823>  
**Hours:** 7 days, 24 hours  
**Contact:** Kylie Pussell  
**Disability Access:** No  
**Area Served:** Liverpool  
**Facilities:** NurtureGroups – in community play and support groups.  
**Volunteering:** We welcome volunteers for various activities. Please download a volunteer application form from our website.  
last updated 29Jun17.

## Moorebank Early Childhood Health Centres

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## Occupational Therapy - Liverpool Hospital

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## Medical Services

### Prestons Medical Practice

**Phone:** 02 9607 8588 **Fax:** 02 9607 8688  
1 Yerona St, Prestons NSW 2170  
**Email:** [prestonsmedicalpractice@hotmail.com](mailto:prestonsmedicalpractice@hotmail.com)  
**Service Description:** General Medical Practice. Antenatal shared care, childhood and adult immunisations, Baby clinics, Women's health. Workcover; Post natal care.  
**Hours:** Mon-Thurs 9am - 12:30pm and 2pm - 6pm; Sat 9am-12noon; Fri 9am-3pm  
**Contact:** After hours 02 8724 6300 (LOCUM)  
**Fees:** Bulk Billing  
**Languages spoken:** Hindi  
**Area Served:** Liverpool  
last updated 17Feb17.

## Hospitals

### Liverpool Hospital

See Page 10

### Neonatal Intensive Care Unit

See Page 12

### Prestons Medical Practice

See Page 19

### South Western Sydney Local Health District

**Phone:** 02 9828 6000 **Fax:** 02 9828 6001  
Eastern Campus Liverpool Hospital, Lachlan & Hart Sts, Liverpool NSW 2170  
**Mail to:** Locked Bag 7279, Liverpool NSW 1871  
**Email:** [swslhd.esu@sswahs.nsw.gov.au](mailto:swslhd.esu@sswahs.nsw.gov.au)  
**Web:** [www.swslhd.nsw.gov.au](http://www.swslhd.nsw.gov.au)  
**Service Description:** Health care administration for Bankstown, Bowral, Campbelltown and Camden, Fairfield and Liverpool hospitals.  
**Hours:** Mon-Fri 7.30am-6pm  
**Disability Access:** Yes (ramps, accessible toilets)  
**Languages spoken:** Interpreter Service is available for all major languages  
**Area Served:** Sydney South West AHS  
**Volunteering:** Opportunities for volunteers, please contact for details  
**Parent Organisation:** NSW Health Department  
last updated 30Oct12.

### South Western Sydney Mental Health - Gambling Help Service

See Page 15

### Sydney Southwest Clinic

See Page 16

### Sydney Southwest Private Hospital

**Phone:** 02 9600 4000 **Fax:** 02 9600 4100  
40 Bigge St, Liverpool NSW 2170  
**Web:** [www.sydney southwest private hospital.com.au](http://www.sydney southwest private hospital.com.au)  
**Service Description:** General medical surgical services, maternity services, icu, oncology, pathology, cardiac catheter laboratory, day surgery, mental health unit and Radiology. General visiting hours: 10-8pm, rest period encouraged between 12noon - 2pm; Maternity visiting hours: 11am-12pm & 3pm-8pm, rest period 12-3pm (Fathers may visit anytime).  
**Hours:** 24 Hour Service  
**Contact:** [www.healthscope.com.au](http://www.healthscope.com.au)  
**Fees:** Yes  
**Transport:** Close to Public transport - Bus & Train  
**Disability Access:** Yes (Access & Parking)  
**Referral:** GPS/ Surgeons/ Specialist  
**Languages spoken:** Interpreter service available upon request  
**Area Served:** Liverpool  
**Facilities:** Gloria Jeans, Pharmacy

**Volunteering:** YES  
**Parent Organisation:** Healthscope Limited  
last updated 9Jun15.

## Triple P - Positive Parenting Program \* Mail Returned\*

**Phone:** 02 9723 4581  
1/7 Willan Dr, Cartwright NSW 2168  
**Email:** [Joanne.Perry@inspirecommunity.org.au](mailto:Joanne.Perry@inspirecommunity.org.au)  
**Service Description:** Parents always try to do the best for their child. The Triple P Program aims to help parents help their children's development and enhance co-operative behaviour. It acknowledges the challenges of parenting, yet recognises the importance of parents enjoying their children too. You will learn how to enhance your child's development; learn how difficult behaviours can develop; discuss ways to develop a positive relationship with your child; get tips on managing strong-willed behaviour and how to plan and prepare to prevent problem behaviours occurring.

**Contact:** Joanne Perry  
**Area Served:** Liverpool  
**Parent Organisation:** Inspire; Mission Australia  
last updated 20May14.

## Triple P - Positive Parenting Program

**Phone:** 02 9723 4581  
1A Spire Ct, Hoxton Park NSW 2171  
**Email:** [Joanne.Perry@inspirecommunity.org.au](mailto:Joanne.Perry@inspirecommunity.org.au)  
**Service Description:** Parents always try to do the best for their child. The Triple P Program aims to help parents help their children's development and enhance co-operative behaviour. It acknowledges the challenges of parenting, yet recognises the importance of parents enjoying their children too. You will learn how to enhance your child's development; learn how difficult behaviours can develop; discuss ways to develop a positive relationship with your child; get tips on managing strong-willed behaviour and how to plan and prepare to prevent problem behaviours occurring.

**Hours:** Mondays @ Heckenberg and Green Valley Community Hall  
**Contact:** Joanne Perry  
**Area Served:** Liverpool  
**Parent Organisation:** Inspire; Mission Australia  
last updated 24Aug15.

## Mental Health Services

### Flowerdale Cottage

**Phone:** 02 9393 9152 **Fax:** 02 9600 7387  
19 Flowerdale Rd, Liverpool NSW 2170  
**Email:** [flowerdale@richmondpra.org.au](mailto:flowerdale@richmondpra.org.au)  
**Web:** [www.flourishaustralia.org.au](http://www.flourishaustralia.org.au)  
**Service Description:** We are a community based program for individuals who wish to maintain their mental wellnes. As such we are an NDIS provider's who offers support around individual recovery in the area of psychosocial issues,community engagement,

psychoeducation and around general lifeskills. We offer a monthly program.

**Hours:** Mon – Thurs 8.30 am – 4pm; Fri 8.30 am. – 3pm.

**Contact:** Michael White

**Fees:** Depending on Program attended

**Transport:** We assist with transport for outing, however don't pick up/deliver

**Disability Access:** Yes (along with on street parking.)

**Eligibility:** All sexes are welcome – age from 18yrs – 65yrs. From 18 to 65 years.

**Referral:** By our Referral forms via self, GP, Hospital, Psychiatrist and PIR

**Languages spoken:** English, Vietnamese

**Area Served:** South West Sydney HACC

**Facilities:** Only via members as we are not a dropin centre.

**Volunteering:** Yes, subject to resume and interview with maanager/ submission to head office.

**Parent Organisation:** PRA

last updated 1Nov17.

## Happy Healthy Minds

**Phone:** 02 9732 6500 **Fax:** 02 9608 9485

88 Shropshire St, Miller NSW 2168

**Email:** [LFMHSS@missionaustralia.com.au](mailto:LFMHSS@missionaustralia.com.au)

**Web:** [www.missionaustralia.com.au](http://www.missionaustralia.com.au)

**Service Description:** The Liverpool Family Mental Health Support Service (Happy Healthy Minds is a federally funded program that aims to provide children and families with early intervention and prevention approaches to ensure mental well-being and a healthy life. A key focus of the program is an emphasis on improving community awareness of mental well-being. Our staff provide long term case management, short term assistance, one off support, group work and health promotion. 0 - 18YRS

**Hours:** Mon - Fri, 9am - 5pm

**Contact:** Service Team Leader - 02 9732 6507; Service Family Support Worker - 02 9732 6504

**Fees:** FREE

**Transport:** Public transport available

**Disability Access:** Yes (Access)

**Languages spoken:** Various community languages spoken, please call for more information

**Area Served:** Liverpool

last updated 13Jun17.

## Headspace - Liverpool

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## Liverpool Mental Health Services

**Phone:** 02 9616 4354 **Fax:** 02 9602 5087

Mental Health Centre, Liverpool Hospital, Elizabeth St, Liverpool NSW 2170

**Mail to:** Locked Bag 7103, Liverpool BC NSW 1871

**Service Description:** Supports people with a serious or acute episode of mental illness. Provide assessment and management recommendations. Weekends and public holidays 8:30am-10pm.

**Hours:** Mon - Sun, 8:30am - 10pm.

**Disability Access:** Yes (Access & Parking)

**Eligibility:** From 15 to 64 years.

**Referral:** 02 9616 4354  
**Languages spoken:** Interpreter Services Available for All Languages  
**Area Served:** Liverpool  
**Parent Organisation:** South Western Sydney Local Health District  
last updated 16Aug17.

## Ostara Australian

See Page 13

## South Western Sydney Mental Health - Gambling Help Service

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## The Benevolent Society - Liverpool

**Phone:** 1800 236 762  
Level 6, 203 Northumberland St, Liverpool NSW 2170  
**Email:** [customercare@benevolent.org.au](mailto:customercare@benevolent.org.au)  
**Web:** [www.benevolent.org.au](http://www.benevolent.org.au)  
**Service Description:** As Australia's first charity, our vision is a just society where everyone lives their best life. We've been supporting people with disabilities, children, families, older Australians and carers since 1813. Not-for-profit and non-religious, we are a charity committed to people. Through a dedicated team we provide service to support you and your loved ones to thrive. Our services include:-Home support services for older Australians to enable them to remain in their home and live their best life; Therapy and support services for people with a disability; Support to build positive family relationships; Child development and behaviour support; Mental Health.  
**Hours:** 9:00am - 5:00pm  
**Area Served:** Liverpool  
**Parent Organisation:** The Benevolent Society  
last updated 8Jan18.

## Nursing

### Casey Centre

**Phone:** 02 8778 7777 **Fax:** 02 8778 7788  
445 Hume Hwy, Casula NSW 2170  
**Email:** [reception@caseycentre.com.au](mailto:reception@caseycentre.com.au)  
**Web:** [www.caseycentre.com.au](http://www.caseycentre.com.au)  
**Service Description:** Provides home nursing services from 1-24hrs a day. We provide services to meet a wide range of individual needs. Some of our services include care of the aged care, veterans, post-surgical, complex care, physical disabilities, intellectual disabilities & palliative care nursing. Domestic assistance and transport can also be included. We have a range of experienced care staff including registered, enrolled and assistant nurses.  
**Hours:** 24 hours  
**Fees:** yes  
**Transport:** Available  
**Disability Access:** Yes  
**Referral:** Can arrange anytime of the day  
**Languages spoken:** A Large variety  
**Area Served:** Macarthur, Liverpool LGA  
**Facilities:** Parking.

**Volunteering:** Yes  
last updated 1May17.

## CatholicCare Community Options

**Phone:** 02 8778 4222 **Fax:** 02 8778 4200  
Level 2, 45-47 Scott St, Liverpool NSW 2170  
**Mail to:** PO Box 419, Liverpool BC NSW 1871  
**Email:** [intake@catholiccare.org](mailto:intake@catholiccare.org)  
**Web:** [www.catholiccare.org](http://www.catholiccare.org)  
**Service Description:** Case management service for younger people with a disability who are at risk of placement in residential care. Program has brokerage funds to purchase services needed, that are not available in the community  
**Hours:** Mon-Fri 9am-5pm  
**Contact:** Intake Co-ordinator  
**Fees:** fee for service  
**Disability Access:** Yes  
**Referral:** Anyone can refer  
**Languages spoken:** Spanish, Italian, Croatian, Vietnamese, Tagalog, Hindi, Polish; Arabic, Ukranian; Chinese  
**Area Served:** Liverpool, Fairfield, Bankstown  
**Parent Organisation:** CatholicCare  
last updated 8Jul16.

## CatholicCare Sydney - Home Care Packages

See Page 2

### Flexible Respite Program

**Phone:** 02 8778 4222 **Fax:** 02 8778 4200  
Level 2, 45-47 Scott St, Liverpool NSW 2170  
**Mail to:** PO Box 419, Liverpool BC NSW 1871  
**Email:** [livinfo@catholiccare.org](mailto:livinfo@catholiccare.org)  
**Web:** [www.catholiccare.org](http://www.catholiccare.org)  
**Service Description:** • The service provides a flexible model of respite within a community setting. Respite can be provided on weekdays, weeknights, and weekends or as a block respite; as one-on-one or in a group setting; in the community or as in home-respite. Carer or client can change the time and the form of respite at any one time to suit their current needs. • Clients pay for personal costs incurred while on respite (eg. lunch, movie tickets) and are asked to contribute \$20.00 per month (billed monthly). No client or carer is denied the service due to financial constraints. • Clients and carers have access to 24/7 emergency ON Call service.  
**Hours:** Mon-Fri 9.00-5.00  
**Contact:** Respite Co-ordinator  
**Fees:** \$20.00 per Month (negotiable)  
**Transport:** Close to public transport (bus and train station)  
**Disability Access:** Yes (Parking)  
**Eligibility:** Clients eligible to receive the services:  
- Must live with a primary carer;  
- any disability and any age (Flexible Respite);  
- Be aware of the initial referral and want to access the service;  
- Live in the South West, Inner West or Macarthur area. Up to 65 years.  
**Referral:** Priority is given to ageing, working or single carers; carers/clients with insufficient services to meet their

needs; clients with high support/challenging behaviour needs or dual diagnosis: clients at risk of institutional care; clients/carers from CALD (Culturally and Linguistically Diverse) and Aboriginal. Torres Strait Island background

**Languages spoken:** Co-ordinators – English, Cantonese, Bosnian, Croatian, Serbian Community Support Workers – English, Spanish, Vietnamese, Italian, Arabic, Croatian/Serbian/Bosnian

**Area Served:** South Western Sydney

**Facilities:** Training Room (Subject to prior booking and availability)

**Volunteering:** N/A

**Parent Organisation:** CatholicCare Sydney  
last updated 9Jul14.

## Hoxton Park Community Health Centre

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## KARI Aboriginal Resources Incorporated

**Phone:** 02 8782 0300 **Fax:** 02 8782 0353

Level 3, 131-135 George St, Liverpool NSW 2170

**Mail to:** PO Box 207, Liverpool BC NSW 1871

**Web:** [www.kari.org.au](http://www.kari.org.au)

**Service Description:** Not for profit organisation. Community Service and Out of Home Care Service for Aboriginal Australians. Child Protection.

**Hours:** 8.45am-5pm

**Transport:** Train and bus line

**Disability Access:** Yes (Access, lift, Lift available)

**Eligibility:** Aboriginal. Working with Children Check Clearance

**Area Served:** South West Sydney HACC

last updated 17Jul15.

## Karitane Liverpool Parenting Centre

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## Miracle Babies Foundation

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## Moorebank Early Childhood Health Centres

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## Nursing Group

**Phone:** 02 8778 7777 **Fax:** 02 8778 7788

445 Hume Highway, Casula NSW 2170

**Mail to:** PO Box 862, Nowra NSW 2541

**Email:** [info@nursinggroup.com.au](mailto:info@nursinggroup.com.au)

**Web:** [www.caseycentre.com.au/nursing-group/](http://www.caseycentre.com.au/nursing-group/)

**Service Description:** 24 hour nursing care who specialise in physical disability. Services offered are private home nursing, specialising in 24 hour care, nursing agency Vet affair community nursing, clinical assessments, case management, respite care, patient transport, domestic assistance, counselling and facilitators. NDIS Provider.

**Hours:** 24 hour care

**Contact:** 1800 257 000 (Freecall); 02 8778 7777 (Casula Office);

**Transport:** Client Transport available

**Eligibility:** Anyone wanting nursing care

**Referral:** Anyone may refer

**Area Served:** NSW

**Parent Organisation:** Casey Centre

last updated 19Jul17.

## Respite Options Program

**Phone:** 02 8778 4222 **Fax:** 02 8778 4200

Level 2, 45-47 Scott St, Liverpool NSW 2170

**Mail to:** PO Box 419, Liverpool BC NSW 1871

**Email:** [livinfo@catholiccare.org](mailto:livinfo@catholiccare.org)

**Web:** [www.catholiccare.org](http://www.catholiccare.org)

**Service Description:** • The service provides a flexible model of respite within a community setting. Respite can be provided on weekdays, weeknights and weekends or as a block respite; as one-on-one or in a group setting; in the community or as in home-respite. Carer or client can change the time and the form of respite at any time to suit their current needs. • Clients pay for personal costs incurred while on respite (eg. lunch, movie tickets) and are asked to contribute \$20.00 per month (billed monthly). No client or carer is denied the service due to financial constraints. • Clients and carers have access to 24/7 emergency ON Call service.

**Hours:** Mon-Fri 9am-5pm

**Contact:** Respite Co-ordinator

**Fees:** \$20.00 per month

**Transport:** Close to public transport (bus and train station)

**Disability Access:** Yes (Parking)

**Eligibility:** Adults with an intellectual disability. From 18 years.

**Referral:** Clients eligible to receive the services:- Must live with a primary carer;- Have an moderate to severe intellectual disability and be over 18;- Be aware of the initial referral and want to access the service;- Live in the Liverpool, Bankstown & Fairfield LGAPriority is given to ageing, working or single carers; carers/clients with insufficient services to meet their needs; clients at risk of institutional care; clients/carers from CALD (Culturally and Linguistically Diverse) and Aboriginal. Torres Strait Island background.

**Languages spoken:** Co-ordinators – English, Cantonese, Bosnian, Croatian, Serbian Community Support Workers – English, Spanish, Vietnamese, Italian, Arabic, Croatian/Serbian/Bosnian

**Area Served:** Liverpool; Fairfield; Bankstown

**Facilities:** Training Room (subject to prior booking and availability)

**Volunteering:** N/A

**Parent Organisation:** CatholicCare Sydney  
last updated 9Jul14.

## St. Saviours

**Phone:** 02 9612 3900

1/110 Moore St, Liverpool NSW 2170

**Mail to:** GPO Box 69, Liverpool NSW 1871

**Web:** [www.stsaviours.org.au](http://www.stsaviours.org.au)

**Service Description:** Out of Home Care

**Hours:** 09:00 - 17:00

**Contact:** Admin

**Area Served:** Liverpool  
last updated 26Feb15.

## SWS Carer Support Project - CALD

**Phone:** 02 8778 4222 **Fax:** 02 8778 4200  
Level 2, 45-47 Scott St, Liverpool NSW 2170  
**Mail to:** PO Box 419, Liverpool BC NSW 1871  
**Web:** [www.catholiccare.org](http://www.catholiccare.org)  
**Service Description:** Individual support for carers (advocacy, information, education, referral) from CALD background; Community Development; Research related to caring role, support groups.  
**Hours:** Mon-Fri 9am-5pm (Office)  
**Contact:** Please contact In-take Officer  
**Fees:** Free to Carers  
**Transport:** Respite can be provided  
**Disability Access:** Yes (Parking)  
**Eligibility:** Carer must live in geographical area. Up to 99 years.  
**Referral:** Intake Officer  
**Languages spoken:** Cantonese, Mandarin, Spanish, Vietnamese, German, Arabic, Portuguese & Serbian/Croatian and few others  
**Area Served:** Fairfield LGA, Liverpool LGA, Bankstown LGA  
**Parent Organisation:** CatholicCare Community Services  
last updated 11May15.

## Rehabilitation Services

### Aged Care Assessment Team (ACAT)

**Phone:** 02 8738 4868 **Fax:** 02 8738 4818  
Level 3, Health Services Building, Cnr Goulburn & Campbell St, Liverpool BC NSW 1871  
**Mail to:** Locked bag 7103, Liverpool BC NSW 1871  
**Web:** [Myagedcare.gov.au](http://Myagedcare.gov.au)  
**Service Description:** Provides assessment of needs of physical, social and medical conditions and provides rehabilitation where appropriate.  
**Hours:** Mon - Fri, 8am - 6:00pm; Sat - Sun 08:00 - 16:00  
**Contact:** 1800 200 422  
**Fees:** No  
**Disability Access:** Yes (Access & Parking)  
**Area Served:** Liverpool, Fairfield  
last updated 28Feb17.

### Arts on Prescription: Free classes in all areas of Arts

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### Dr A Veerabangsa, Rehabilitation Medicine Physician

**Phone:** 02 8738 5495 **Fax:** 02 8738 5497  
Brain Injury Rehabilitation Unit, Liverpool Hospital, Entrance K, Elizabeth St, Liverpool NSW 2170

**Mail to:** Brain Injury Rehabilitation Unit, Liverpool Hospital, Locked Bag 7103, Liverpool NSW 1871  
**Service Description:** Physician, whose practice includes the therapeutic use of Botulinum Toxin Type A for the management of spasticity in adults.  
**Fees:** Bulk billing available, NDIS Provider  
**Disability Access:** Yes (Parking, ramp, lift, toilet, examination table)  
**Eligibility:** From 18 to 64 years.  
**Referral:** GP referral  
**Area Served:** South West Sydney  
last updated 26Jul17.

### Flowerdale Cottage

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### GROW NSW - Residential Rehabilitation Program

**Phone:** 1800 558 268, 02 9606 0579 **Fax:** 02 9606 9311  
Lot 1, Twentyfourth Av, West Hoxton NSW 2171  
**Mail to:** PO Box 3168, Austral NSW 2179  
**Email:** [community@grow.org.au](mailto:community@grow.org.au)  
**Web:** [www.grow.net.au](http://www.grow.net.au)  
**Service Description:** Live-in rehabilitation program for people with a mental illness alone or mental illness coupled with a drug or alcohol problem. The program is based on GROWS 12-Step Program of Recovery or Growth to Maturity through shared learning and mutual help.  
**Hours:** Mon-Fri 9am-5pm (Office)  
**Fees:** For board and lodging  
**Disability Access:** No  
**Eligibility:** From 18 years.  
**Area Served:** National  
**Volunteering:** This service accepts the assistance of volunteers, please contact 9606 0879 for details  
**Parent Organisation:** GROW  
last updated 28Mar17.

### Health Fitness and Spirituality

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### Life Resolutions Liverpool

**Phone:** 1300 659 067 **Fax:** 02 9600 6620  
Suite 4, Level 2, 224-238 George St, Liverpool NSW 2170  
**Email:** [liverpoolenquiries@liferesolutions.com.au](mailto:liverpoolenquiries@liferesolutions.com.au)  
**Web:** [www.liferesolutions.com.au/liverpool](http://www.liferesolutions.com.au/liverpool)  
**Service Description:** We provide psychological services treating clients for depression, anxiety, panic attacks, pain management amongst many others. We also provide court reports.  
**Hours:** 9am to 6pm Mon-Fri; Thurs 9am - 9pm; Sat 9am-4pm  
**Fees:** Yes  
**Disability Access:** Yes (Lift Access; Disable Toilets)  
**Referral:** Drs. Referrals (Private) Adolescents to Adults  
**Languages spoken:** Italian, Turkish, Urdu, Gujrati, Hindi, Kannada, and Tamil.  
**Area Served:** Liverpool  
last updated 3Jan18.

## Liverpool/ Fairfield Aged Care Assessment Team

See Page 2

### Magistrates Early Referral Into Treatment (MERIT)

**Phone:** 02 8778 0700 **Fax:** 02 8778 0768

Sydney South West Area Health Service, Liverpool NSW 2170

**Mail to:** PO Box 7279, Liverpool NSW 1871

**Service Description:** MERIT is a special program based in Local Courts that provides the opportunity for adult defendants with drug problems to work, on a voluntary basis, towards rehabilitation as part of the bail process.

**Hours:** Mon- Fr: 9:00am-4:30pm

**Fees:** None

**Transport:** Train & Bus

**Disability Access:** Yes

**Eligibility:** From 18 years. Based on assessment, to be released on bail, no current serious violent offences, and being an adult with a demonstrable illicit drug problem. From 18 years.

**Referral:** Participants can be referred by the Magistrate, solicitor, police, or themselves.

**Area Served:** Fairfield, Liverpool, Camden, Campbelltown  
last updated 11Jul17.

### Strong Fathers, Strong Families

**Phone:** 02 9602 9677 **Fax:** 02 9600 9577

Hoxton Park Community Health Centre, Hoxton Park NSW 2171

**Mail to:** 114 Moore St, Liverpool NSW 2170

**Service Description:** Aboriginal Men / Dads, Uncles, Grandfathers, Brothers, & Role models who are looking after a young aboriginal children. Having a holistic approach to the Men's needs such as parenting, men's health, family law, referral services, cultural activities. We provide a service where men can express and discuss concerns regarding their lives. Creating healthy active role models for our community. In partnership with NSW Local Health District and Gandangara Health Service. Covering South Western Sydney area.

**Hours:** Thursdays - 10am - 2pm

**Contact:** Jarrod Wicks- Project Manager - mob. 0458 661 594

**Fees:** Free

**Transport:** Transport is available if needed.

**Disability Access:** Yes

**Referral:** Self Referral

**Area Served:** South West Sydney HACC

**Parent Organisation:** South Western Sydney Local Health District

last updated 9Sep15.



# Health Information A-Z

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